

SERVING THE GREATER HAVELOCK AREA

January 2024 **Edition 55**

HBM COMMUNITY RECOGNITION AWARDS By Paul Stevens



Thursday, November 30th 100 over community members gathered at the Lions Hall to celebrate the winners of the HBM 2023 Community

Recognition Awards. Held every two years (except for breaks for COVID) HBM folk are invited to nominate individuals and organizations that they feel have made significant contributions to enhancing aspects of the local community.

Before the winners were announced the Weber Brothers entertained the crowd with some uptempo songs that had people tapping their toes and nodding their heads. There were tables of nibblies and beverages to wash them down with. Kudos to the volunteers who worked to set everything up. But the ral congratulations go out to all of the people who were nominated for the various awards, and in particular to the worthy recipients.

The six categories and winners were:

Community Youth of the Year, Gracie Peet-Reil.

Community Volunteer of the Year, Danielle Follet Bayne,

Community Volunteer Group of the Year, The Cordova Mines Recreation Association Business of the Year, muttmixx owned by Meaghan Kynock,

Community Leader of the Year, Sue Thompson,

and a special category, Lifetime Achievement Award for Karen "Miz" Watson Miz will be additionally recognized by having this award carry her name. It will be called the "Miz Watson Lifetime Achievement Award".

HBM, the community is very much a product of the people who live here. And volunteers who put in their extra effort to strengthen the fabric that binds us all together deserve to be recognized for their work. Thanks to all of them.

WHAT'S INSIDE

Check out what's happening in your community

Look for news and updates from local community groups

H-B-M Happenings on page 15

Check out local businesses



SEE PAGE 14 FOR MORE PHOTOS FROM **HBM COMMUNITY RECOGNITION AWARDS**

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If you have news stories, advertisements, announcements, classified ads or coming events, contact the appropriate email address above or mail to PO Box 660, Havelock, KOL 1Z0

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SUBSCRIPTIONS

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ELMER'S EDITORIAL

As we approach 2024, a normal greeting would be "Happy New Year'. Optimism is a very good maxim to live by but there are many dark clouds on the horizon. Two major wars continue to rage in the middle east and in Ukraine. With estimated casualties in Ukraine at 350,000 soldiers and civilians and over 20,000 and counting in Gaza. The economic rebuild that will be required when the conflict finally ends will tax the generosity of the rest of the world. The defense industries will suck up huge amounts of the world resources that should go for housing and health.

We are still grappling with the immigration and religious radicalization of war efforts in Afghanistan, Iraq and Syria. The refugees pouring into Europe are a direct consequence of Russian and Western interference in those countries. If you add in climate change and radical Islam in Africa, you have a steady stream of refugees and migrants heading to Europe where they are mostly not welcome. Unkind attitudes toward migrants, who have nowhere else to go, are spreading across Europe and any weakness or failings in individual economies of European countries is blamed on migrants.

This toxic view of refugees and migrants has spread to North America and Donald Trump and his populist authoritarian proposals are whipping up hatred and mistrust toward non white migrants. We need to be mindful that we are a nation of refugees and migrants who came to this country (and the US) to enjoy a better life. Most migrants want to work and make Canada a better country. We have always been respected as a Country that welcomed refugees and we should not get sucked into the rhetoric that Trump is pedaling. Once we figure out how to build more housing we will have a better future.

Some good news for Havelock. It appears that the long awaited reconstruction of George St will get underway in 2024. HAPPY NEW YEAR!



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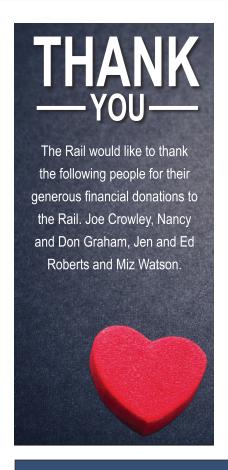
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and funeral receptions.



TJ'S STORY CORRECTION

We apologize that the last part of TJ's story was missed last issue.

A POGO (Pediatric Oncology Group of Ontario) clinical nurse came to the HBM public school to explain to TJ's classmates what he was going through.

Jenn, James and TJ want to take this opportunity to thank the community that has given them hope, comfort and supporting friendship. Lastly a big thank you to the very special people that put on the Victory Fundraiser, the Lions Club for their dunk tank proceeds and to all the people that have been there for them.

LETTER TO THE EDITOR

RECYCLING 101: REDUCE REUSE RECYCLE

I enjoyed the article on recycling in the most recent Havelock Rail and feel that we cannot be reminded enough to recycle. The township and the county make recycling very easy yet many still put materials that could be recycled in the garbage. The article hit on many of the recycling programs available but it failed to mention that styrofoam can be recycled at the Household Hazardous Waste site at Pido Road. They do not want Styrofoam meat trays but they do take all Styrofoam packaging and it can be dropped off outside of the gates in bags provided that are attached to the fencing.

Most of us frequent Peterborough often enough that it is no big inconvenience to save out styrofoam packaging for our next trip to town.

I read the Havelock Rail cover to cover and look forward to each edition and I am only contacting you as I feel strongly about the recycling of styrofoam as it will never break down and there is a program available to recycle it.

Thank you, Nancy Grozelle, Cordova Lake



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FIND THE NEW YEAR'S HATS

This month **Snack Attack** has joined the hunt and wants to donate \$20 worth of candy from their store here in Havelock! Great unique candy gift options for sure! Find the 5 New Year's hats; send your ballot in and you could be taking home some candy!



Congratulations to Debbie Darling who was our winner of the \$20 Tim Horton's card donated from **Pup's Tree Service**. She located the 5 Christmas trees in the December issue.



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VOLUNTEER PETERBOROUGH HELPING HAVELOCK By Lois Tuffin



Over the past three years, more than half of Ontario's agencies and volunteer boards of directors lost a drastic number of volunteers. Sadly, 40% of them still experience difficulty getting people to come back. That reflects the reality in Havelock as well.

At the same time, entire groups of new residents, recent retirees and young people seek ways to get involved as volunteers. But there is a disconnect.

When Volunteer Peterborough met with focus groups earlier this year, they say they encountered multiple barriers to volunteering. Primarily:

- · Lack of a central database
- Lack of a specific role with a specific timeline or specific project with an end date.
- · Insufficient promotion within the community.
- · No one "asked."

What's the cure?

VolunteerPeterborough.ca works like a dating app to align people

more quickly with the right tasks and the right non-profits to match their interests. Our site invites people to sign up as individuals or to register their organizations. Once a non-profit passes our screening, you can post roles and events, which we promote via our newsletter, social media posts, etc. so you get in front of more people.

At this point, we have signed up 540 volunteers and 90 organizations; those numbers grow every week. And we're just getting started.

We offer an innovative, community-based, low-cost, high ROI solution to a pressing problem.

How can you help?

- · Keep volunteering.
- · Invite others to do the same. Make volunteering contagious.
- Become part of our volunteer movement. Sign up your non-profit and post jobs so we can make even more matches.

We invite groups and individuals from everywhere within the Peterborough region to join our volunteer movement. Join anytime!



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HAVELOCK BELMONT PUBLIC SCHOOL CHRISTMAS FESTIVE FEAST By Laurie Deshane

On Friday, December 15, all of the students at Havelock Belmont Public School were treated to a home cooked Christmas Festive Feast courtesy of the HBPS Parent School Council. That is 239 students were fed ham, mashed potatoes, gravy, corn, buns and dessert by a dedicated hardworking group of volunteers.

It begins early in October when the Parent School Council get together, gathers up cedar boughs, pine branches, berries, and more; to make beautiful Christmas wreaths and planters. They then sell them to our community and all money raised goes toward this annual event which takes place on the last Friday of the week before Christmas.

The Parent School Council organizes the event; but there is so much more! All food is purchased locally; hams and buns from Foodland; corn and beans from Campbellford Wholesale; Canadian Dairy Association donates milk and butter; Miz and Vicki Blakely prepare Rice Krispie squares for dessert. Ashley Hill donated 110 lbs of potatoes. The Lion's Club donates the hall; as well as volunteers to help clean up. Volunteers from the Seniors Centre clean up the dishes; assist the students; help out in any way they can. So as you can see; events like this take a "village" to prepare and follow through!

Our little village sure has a lot of heart and this is a wonderful example of this! Danielle Follett-Bayne, Ashley Hill, Kerri Toms, Deb Tanner-Follett, Steven Mauro, Lynn Kloosterman, Amanda O'Rourke, Miz Watson, Vicki Blakely and Debbie Ottley; are all a part of the Parent School Council and should be recognized for their labour of love and dedication to our students! This event has been running at the school for many years; but for the past 6 years Danielle and her crew have been the organizers. Imagine setting up 239 plates and utensils and preparing the food and feeding a lively group of excited kids before Christmas! Santa then hands out candy canes to the students on their way out the door!

Huge thanks from the residents of Havelock for bringing lots of smiles and laughter to our kids!

So next year when you see the fundraiser for planters and wreaths at the school; be sure to buy one and support this amazing event!





THE BARNARDO CHILDREN IN CANADA

By Paul Stevens



On November 22nd
Diane Cosway and
Marg Graham gave
a presentation at
Community Care
about the British

Home Children. You might be more familiar with another name commonly associated with them, Barnardo Children. The Industrial Revolution had a disruptive impact on British society. From the mid 1800s and on into the early 1900s poverty and desperation led to the abandonment of infants in large urban centers. Annie

MacPherson worked with poor children and was appalled by conditions they worked under in their struggles to survive. She bought a warehouse and under the name of the Home of Industry, she provided work, food and education for the destitute. She soon became convinced that emigration to British colonies would provide opportunities to these children they would never find at home. Between 1869 and 1939 over 100,000 children were sent to Canada, with the expectation they would be housed, fed, cared for and provided with an education. In practice the education part of the agreement often turned out to be optional. The children were indentured until the age of 18 for boys and the age of 21 for girls. About 12% of the children were orphans, but many destitute families gave up their children expecting that they could get them back when their conditions improved. Often when they returned to reclaim their children their offspring had already been shipped to a different continent.

There eventually were 50 different organizations sending children to Canada, some no doubt founded just to take advantage of the fees they collected for each child sent overseas. The children were typically kept for 2-3 months at a "Sheltering House" before emigrating, learning useful skills such as carpentry, farm skills, and simple husbandry skills taught by veterinary surgeons. Some children were sent to non-English speaking families, receiving families were told the children's parents had died and the children's actual parents were often told the children had been adopted by good British families. When the children reached the age that ended their indenture, their names often had been changed, or the spelling of their names had been changed, or they had been too young when accepted to know their correct name or birthdate. This was an ongoing problem for many when they tried to acquire travel documents or apply for a pension. Many of the boys took the opportunity to travel back to Britain by enlisting in the armed services during WWI. One thousand of these boys were killed in action.

It is estimated that over 10% of the Canadian population are descended from these "British Home Children" though many do not realize it, partially because their ancestors were often ashamed of their beginnings. These children worked hard, and often had hard lives. But they were an important part in the building of our nation, and deserve to be remembered.

Both Diane Cosway and Marg Graham who presented at the Community Care building are descendents of British Home Children and were happy to pass on this information as a tribute to their grandparents.

To find out more about this chapter in our nation's life please go to https://www.britishhomechildren.com/. To ask about a presentation for your group or organization contact Marg Trottman-Graham at 705-653-0586 or grahammarg2003@yahoo.com.











CORDOVA CORNER NEWS

By Laurie Deshane

I have some very exciting news to share: *The Cordova Mines Recreation Association* received an auspicious award this year! They were the recipients of the *Community Volunteer Group of the Year* award at the HBM Community Recognition Awards! They are an incredibly, hardworking, dedicated group who enjoy organizing events for the community, and who love to give back to their community. They feel truly blessed and grateful for all the support.

The Cordova Mines Recreation Association presented \$100.00 to Havelock Belmont Public School, Sacred Heart Catholic School, St. Paul Catholic School, Central Hastings School, Norwood Public School and Marmora Public School for their "Food for Learning" programs. Throughout the year money is allocated for their "end of the year" donation.

The *Havelock and Cordova Crawl* was a huge success. This event was spearheaded by *Cherie Semlitch* from *The Cottage* store; and organized by *Irene Gough* who managed to lure over 40 vendors to this two-day event. As well, all of the retailers in Havelock who participated created their own special in-store raffle; all of which monies received were given back to the community. A presentation was made at the Cottage store and a check for \$3,435.00 was given to the *Havelock Centre* for their *Christmas Hamper Program and Toy Drive*. There will be no one in Havelock or Cordova without something under their Christmas tree this year thanks to the generosity of our community.

Here's your chance to show your cooking skills at the Cordova Mines Recreation Association's Chili Cook-off happening Sunday, January 21,

2024 from 1:00pm – 4:00pm; \$10.00 per person/\$5.00 12 and under. You can wash it all down with a cold beer as there will be a cash bar too! To register a pot of chili, please call Shelley at 705-778-1602 by January 13, 2024. Follow them on Facebook for more information.

The Little Hamlet with a Heart of Gold welcomed the Christmas season with their annual Santa Claus Parade last month. There were 20 plus entries lined up with cheer and spirit, smiles and laughter, parading down the route as locals young and old lined the street. This year they welcomed three new judges; Linda Hornsby, Cathy Ireland and Kathy Clement. What was so special is that Linda and Cathy are long time residents of Cordova and know just how much community means. Kathy Clement, an avid and enthusiastic supporter and council member volunteered to judge too. 1st place was awarded to North of 7 Outfitters, 2nd place to Belmont Brewery and 3rd place to The Howie Family! Following the parade all were welcomed for genuine fellowship and a visit with Santa at the Community Centre! Many enjoyed a warm bowl of chili, some coffee and hot cocoa for a food donation! Alisha Cox found herself taking in all that was community, and feeling humbled as everyone took a break that morning from the rushing of life and enjoyed the pure joy of watching children experiencing Christmas. The CMRA were able to make donations to both the Havelock and Marmora food banks. They want to thank all the parade participants, Cordova Fire Department, local OPP, HBM and of course everyone that came out to make the event another CMRA success! Alisha Cox and Jason Vilneff thoroughly enjoyed organizing this event and want to wish everyone a Happy New Year!











COFFEE CONNECTION By Audrey Wood

The Havelock Chamber of Commerce recently held its first Coffee Connection hosted at the Belmont Spiritual Health and Wellness Centre by owner, Meaghan. While enjoying coffee and some delicious muffins provided by Wildflower Bakery, members had the opportunity to share ideas, talk about experiences with their businesses, hint at new innovations they were working on, and brainstorm some future endeavors with the idea of collaboration with fellow businesses.

As part of our first connection, Clarance D'Silva from Digital Main Street, shared an abundance of information about increasing a business online presence, marketing your business, and how to boost appearances on various search engines. Clarence mentioned there is an abundance of resources available, and even suggested "having webinars on crowd-sourced topics would be super beneficial" and that we continue to hold "community meetups in a similar intimate format so that everyone understands what's going on in the community". One member found that "the info Clarance shared was valuable and encouraged me to reach out to Digital Main Street - which I have."

Our host commented on how happy she was to see everyone coming out on a wintery Monday to be part of our first Coffee Connection. "How nice it was, to be able to talk freely with our peers, regarding our challenges and how we can help each other in overcoming some of them." Even I was appreciative of the advice I received from some of the more established businesses in the area. Adding to the idea of hosting the event, one person commented, "I think there is definitely value in hosting. I had been meaning to pop into Meghan's for weeks now and hadn't. Getting that chance to see her store really allowed me to see what she has to offer our community and see the products she sells".

The Chamber is looking forward to hosting other events in the future to continue to allow members more chances to get together to share ideas, collaborate on future events, suggest new or innovative strategies to implement in their businesses, and even have the chance to visit the newer businesses in town. If you are a new business owner, or even considering opening a new business, the Chamber is a great resource. Should you be considering becoming a member, visit the Chamber website at https://havelockchamber.com or contact president@havelockchamber.com.



hello@jjandtanya.com • jjandtanya.com





LIBRARY NEWS By Nancy Law, Havelock-Belmont-Methuen Public Library

To start off the New Year, the libraries have a new database/online resource. We now have Just for Kids Streaming Collection as well as many other resources. The Just for Kids Streaming collection gives kids and their parent a thoroughly kid-safe, advertisement-free media platform they can freely explore and enjoy. Just for Kids has the educational videos children want to watch for example Sesame Street, The Berenstain Bears, Franklin, and thousands more—plus songs, games, and other interactives that are sure to entertain, educate, and inspire young kids. We would like to thank again our wonderful volunteers and Board Members, who help us and a special thank you to our Knitting/Crocheting club for donating items that we sold at our Book and Vender Sale with all the proceeds going to the Food Bank. Don't forget to look at the libraries webpage www.hbmlibrary.on.ca or our Facebook page for ongoing and future events.

ENVIRONMENTAL TIP OF THE MONTH

By Larraine Roulston

To reduce the waste of disposable paper cups with a plastic lining, pack your own reusable cup that has a lid. By stating that you wish a beverage refill when placing your order, you should be able to use it at the drive-thru as well, Some outlets offer customers who do so, a 10 cent discount.







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"GARDENING ADDS YEARS TO YOUR LIFE AND LIFE TO YOUR YEARS."

By Kathy Reid, Norwood and District Horticultural Society

In the mid 1980's, Norwood District High School began to offer an adult learning class in horticulture to address declining enrollment. The popular class was taught by teacher and Norwood resident Ronald (Ron) Scott. By the early 1990's, interest in establishing a horticultural society within the village piqued and the Norwood and District Horticultural Society was established in April 1992.

Entering its 32nd year, the Norwood and District Horticultural Society continues to offer community members opportunities to learn new and enhance their gardening skills through guest presentations, flower shows and special events. The first meeting of 2024 will feature a presentation by Molly Shannon on Succulents; as we prepare for the spring planting season, Carson Arthur will speak about understanding

the needs of your plants and vegetables and learning to read between the lines on products to help you grow them; and later in the year, Mary Jane Pilgrim will share tips for making a beautiful spring bulb garden.

Meetings are held at the Royal Canadian Legion (Branch 300) in Norwood on the second Tuesday of each month (except July, August, December). The doors open at 6:30pm and the meeting starts at 7pm. Members are encouraged to bring a guest and enjoy the presentations. Members receive a Yearbook, outlining presentations, the annual plant sale, special events and programs offered by the Ontario Horticultural Association and District 4.

Follow Norwood and District Horticultural Society on Facebook for the latest information!



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SPORTS By Keri Toms

THE HAVELOCK HAWKS HEADLINE

This season, Havelock Minor Hockey has been given a bit of a re-fresh; starting at the top with a brand-new H.M.H.A. Executive. Since that was decided, we have been very busy working on many new and exciting things for this hockey season.

We hosted an in-house **SKILLS CLINIC FOR OUR U9 AND U13** teams back in October. This event was made possible with the help of the volunteers that helped plan and run it, as well as a local business *Team vanRahan from Century 21 United Realty Inc.* Because of their generous sponsorship we were able to make this a free clinic available to our Hawks players and also provide them with pizza and drinks after each session. This event was such a hit that we currently have plans for another in house skills clinic happening at the end of December. We were also able to order a new set of much needed jerseys for our U13 team. This couldn't have been done without the help, by means of sponsorship from 3 local businesses: *Havelock Timber Mart, Covia and Youmans Chimney Service*.

H.M.H has also been working with our great community on some new fundraising initiatives; such as the "HBM EMPTIES COLLECTION PROGRAM" located at the 6TH Line Transfer Station (In effect until July 2024), taking in gently used hockey equipment and hosting a used hockey equipment swap. This and much more was done all while bringing life back to our little Association.

Like many local associations, the last couple of years took a toll on our club and we have been committed to bringing it back to its glory. With the help of many committed volunteers, the players and their families as well as our community, we are well on our way! Since the season kicked off in early October, we have excitingly welcomed many "new to hockey" players and eagerly welcomed back many returning Hawks players and their families.

Our Association consists of a Hatchling Program (5 years and under), one LEO (League of Eastern Ontario) U7 Team, one LEO U9 Team and one LEO U13 Team. This is a pretty big step up from only placing one U11 Team last season.

Our **HATCHLING PROGRAM** is run by Jenn Arrundell and she is in charge of teaching our little Hatchlings the basics of skating and hockey. This is a fun and exciting program we offer to anyone under the age of 5 looking to learn how to skate or get more comfortable on skates while in full equipment and learn the early hockey how-to's.

The **U7 TEAM** is being Coached by Matt DeMille along with Assistant Coach-Jeff King, Trainer-Mike Hamilton and Manager-Vicki Blakely. This team has had a strong start to the season having played 4 great games this far.

Our U9 HAWKS Coach is Greg Gronross with Assistant Coach-Matt DeMille, Trainer-James Bull and Manager-Sarah Repath. Coach Greg and the bench staff say that this team has been developing and learning extremely well during the first half of their season. The U9 Hawks have played 4 exciting games so far against the Norwood Hornets, Ennismore Eagles, Warkworth Bulldogs and The Lakefield Chiefs.

Lastly the bench staff for our **U13 TEAM** is Coach-Gord Stevenson, Assistant Coach-Chris Bayne, Trainer-James Arrundell and Manager-Sarah Repath. This team has had a promising start to the hockey season. They have been super busy with not just regular season play but also with hosting and playing in their Home Tournament that was on November 25th. In regular season play, the U13 Hawks were able to successfully secure their first "W" of the season when they met up with the Warkworth Bulldogs on December 5th.

A big shout out goes out to all of our Bench Staff, on ice helpers, volunteers as well as our Sponsors! Our teams would not be able to play if it weren't for all of these wonderful people who dedicate their time and kindness to Havelock Minor Hockey. We can't thank you enough!

If you are looking to take in some of the exciting Hawks game action, please go to our website: Havelockminorhockey.com for a full up to date game schedule. Upcoming events, news and tournament dates are also posted on our website for your viewing. We would love to fill the stands for our teams! See you at the rink! GO HAWKS GO!







HAVELOCK BELMONT PUBLIC SCHOOL

By Kathy Clement

December 13 the school held their Christmas Gala. I had the pleasure of attending with Miz (Karen) Watson who knows every child and parent there.

As you entered the school you were met by the new principal Jason Huffman who was meeting parents and children (close to the hot chocolate stand!) There were activities going on in almost every room in the building starting at 5pm. There were classroom performances, hot chocolate was being served and it was a very busy place.

First Miz and I checked out the kindergarten class. These little people are amazing. They had practiced and practiced and it was perfection.

From there we moved on to watch the performance of the Grade 1.

Again, practice and fun and so much joy. These young people are going to make amazing future adults. You can see the potential there.

Time wasn't one our side to take in all the performances. This was a great night for the kids, parents and families. Way to go!!



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RECIPE

GERMAN POTATO PANCAKES

By Brooke Wrightly

- 8 potatoes (about 3 1/2 pounds or 1.6 kilograms)
- 2 large eggs, separated
- 1 large onion finely chopped
- · 2 tablespoons of all-purpose flour
- · 1 tablespoon of salt
- · A teaspoon of ground pepper
- · 2 rotten chopped parsley
- · A teaspoon of paprika
- Oil to fry
- · Cream and chives for serving

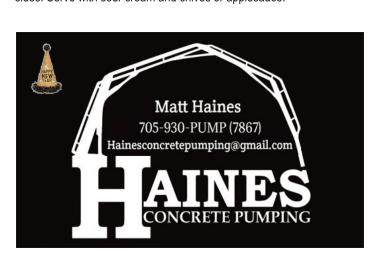
TO prepare the apple juice:

- 4 apples, peeled and chopped.
- 3/4 cup of water
- 1/4 cup of sugar
- 1/2 teaspoon ground cinnamon
- Crepe

Grate the potatoes using the largest size on a grater. Put in a strainer and squeeze out the liquid. Transfer it to a large bowl.

Separate the eggs and add the egg yolks to the potato mixture, whisking the egg whites in another bowl until soft peaks form and set aside. Add the onion, flour, salt, ground pepper, parsley, and paprika to the potato mixture. Now add the beaten egg whites until combined.

Heat the oil in a frying pan. Using spoon, scoop out potato dough to desired size and spread into a circle. Cook until golden brown on both sides. Serve with sour cream and chives or applesauce.





COUNCIL CORNER

By Donellda Fraser

Meetings held on December 5, 2023.

- Delegation Mid Week Jammers, Pat Patterson. presented a cheque to council in the sum of \$7780.00 towards the air conditioning installed in the Town Hall.
- Jewell Engineering presented a project that has been in the works since 2017. Brought forward two components of this project. System needs for drainage of the town, the second phase is County road 48 known as George St. The Best solution is to do a new drainage, storm sewage system on George St. The presenter continues to mention where George St meets Mathison St., as phase one. Phase two is the remainder of George St., to Mary Street. Explanation about George Street to Mathison Street has been identified as the entrance to the Park, which is not called Mathison Street. Motion to pre approve. Carried.
- OPP to help move the township through the contract agreement. As to move forward, the township has chosen the 4 year term. Regulations are still being done, will carry through until the CSPA comes into effect, with possible implementation of early 2024. Motion made and carried.
- Travis brought forward that Rulynx has built a tower on road allowance on Peninsula Rd. The tower will need to either be taken down or a license of occupancy agreement. Motion to proceed with licence of occupancy be done and carried.
- Private Road Grant application from fire road #54 that will be brought forward in December. Suggested that the \$7000.00 dollars remaining in road grant allowance be rolled over until it has been used. When first proposed that odd and even years be done for this grant proposal. Motion made to have it put on the books for 2024. Carried.
- Budget books to come out for councillors on December 12th. With Budget meeting on December 19th, to include all department heads, to initiate the budget process. This will give the council enough information before further budget deliberations. Carried.

HBM COMMUNITY RECOGNITION AWARDS PHOTOS By Paul Stevens











Havelock Belmont Br 389 8 Ottawa St E. Havelock

FOR RENTAL CALL JUDY AT 705 740 5243

Email: rclegionbr389@gmail.com

Please note this was sent to publication as of December 21st, 2023

OFFICE CLOSURE:

The Township Office will be closed on Monday, January 1, 2024 in observance of New Year's Day

COUNCIL MEETING SCHEDULE:

Please note all meetings are hybrid, which means they are open to the public within the Council Chamber and virtually via zoom. All regular meetings will begin at 9:30 am, except following a long weekend, at which time the meeting starts at 1:00pm.

- Tues. Jan. 9, 2024 @ 9:30am Special Council Meeting
- Tues. Jan. 16, 2024 @ 9:30am Regular Council Meeting

Meeting dates are subject to change, please visit the Township Website www.hbmtwp.ca for more information.

UPCOMING EVENTS:

- Sat. Feb. 10: Fire & Ice Festival, HBM Community Centre, 1-6:30pm
- Sun. Feb. 18: Cordova Mines Family Fun Day, Cordova Mines Community Centre, 10am-2pm
- Mon. Feb. 19: Havelock Lions Family Day, HBM Community Centre,
 11:30am-4pm

PARKS, RECREATION & FACILITIES:

Public Skating - resumes January 10 and ends March 27

Sundays from 1–2pm
 Wednesdays from 1–5pm

Arena Advertising - an excellent opportunity for local businesses to raise their profile.

- Wall Board (4' x 7') \$124.30/year (HST Included)
- On-Ice Board (36" x 94 3/4") \$237.30/year (HST Included)

WINTER MAINTENANCE - NOTICE:

By-Law – 2019-057: No overnight parking is permitted on Village streets from November 1st to April 15th between the hours of 10pm – 7am. Vehicles in violation will be ticketed, and/or towed.

AMP SYSTEM BY-LAW ENFORCEMENT – COMING SOON:

Administrative Monetary Penalty (AMP) By-law 2023-085, also referred to as the "AMP System By-law", is a municipal driven cost recovery process that utilizes its authority under the Municipal Act to ensure By-law compliance. This spring, the AMP System By-law will apply to the following:

- Off Road Vehicle By-law 2021-022
- Property Standards By-law 2023-021
- Clean Yard By-law 2023-022
- Consolidated Parking By-law 2023-045
- Noise By-law 2004-02

Note: AMP System By-law, and all By-laws noted above, are available at www.hbmtwp.ca. For additional information, please contact the municipal office at 705-778-2308.

HBM FIRE & RESCUE IS RECRUITING:

If you are dedicated, have excellent team work skills, good health, and physical fitness then consider joining our team! Volunteer firefighting is a great way to learn valuable skills, give back to your community, and make extra income.

Basic Requirements

- Minimum 18 years old, valid Driver's License (minimum)
- Physically and mentally able to perform job tasks and duties
- · Able to commit to training, and live or work in response area

Becoming a Firefighter

- No previous experience is necessary, volunteers train to professional standards.
- Volunteer firefighters are all ages, all genders, and have diverse backgrounds.
- Volunteers are paid on-call for their response, training, and practices.
- All required personal protective equipment and training are provided, there are no out-of-pocket costs.
- Volunteer firefighters commit to 2-hours biweekly of training at local fire hall.

If you are interested in volunteering, or simply want more information about your local Fire Department, please contact Ray Haines, Fire Chief at 705-778-3183 or rhaines@hbmtwp.ca.

COMMUNITY CALENDAR OF EVENTS

A List of Local Events in Your Community

MONDAY

Community Care: Seated Yoga every Monday at noon (17 Smith Dr.).

Community Care: Blood Pressure Clinic January 8 & 22, 9:30-10:30am.

(17 Smith Dr.).

(17 Sillilli Di.).

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Seniors: Chair Yoga 11am-12pm. \$5.

TUESDAY

The Legion: Zumba exercises for seniors, 9:30-10:30am.

The Legion: Cardio & Weights 10:45-11:45am (bring your own weights).

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Seniors: Shuffleboard at 1pm. \$5.

Havelock Seniors: Regular Euchre at 7pm (please bring a snack to share).

Havelock Centre: Laugh N Learn Playgroup every Tuesday, 9:30-11am. Snacks &

coffee provided. (30 George St).

Havelock Centre: Seniors drop in for coffee, tea, light snacks, January 9th, 1-2:30pm.

(30 George St).

Community Care: Walker/Wheelchair clinic clinic from noon-3pm (17 Smith Dr.).

United Church: 50/50 Draw 1 of 3 at 1pm.

WEDNESDAY

Community Care: Diners Club January 17. United Church.

Havelock Seniors: Diners January 10 & 24. Please call 705-957-7596 for seating. \$13.

The Legion: Line Dancing from 9:30-10:30am.

The Legion: Cardio & Weights from 10:45-11:30am (bring your own weights).

The Legion: Body Balance from 11:40am to 12:15pm.

Havelock Town Hall: Weekday Jammers, doors open at 12pm. Havelock Centre: TOPS (Take off pounds sensibly) 6:30-8pm

(George & Orange St.).

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Cordova Community Centre: Yoga every Wednesday, 5-6:30pm and 7-8:30pm. \$18.

Please contact 705-760-1296 for more information.

THURSDAY

Seniors Centre: Bid Euchre every Thursday at 1pm. Doors open at 12:30pm. \$5.

The Legion: Cribbage at 1:30pm. Doors open at 1pm.

The Legion: Team Darts 7pm start, everyone welcome.

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Centre: Career Edge Hub 9am-12pm, free drop in employment counselling & services.

Havelock Centre: Men's Night at 7pm (discussion group with snacks).

FRIDAY

The Legion: Shuffleboard at 1pm and Darts at 7pm.

Cordova Community Centre: Yoga every Friday 10:30-11:30am.\$18. Please

contact 705-760-1296 for more information.

Havelock Centre: Open Mic Music Night 1st & 3rd Fridays at 6pm. Any

questions please call Rolf at 705-875-8018.

Havelock Centre: Second Harvest Food Program 2nd & 4th Friday from

10-11am.

The Legion: Blind Draw Double Darts 7pm start, everyone welcome.

SATURDAY

Havelock Seniors: Bid Euchre Tournament January 6, doors open at 11:30am and food is available S.

The Legion: opens at 1pm and Meat Draw at 3pm (8 Ottawa St.).

The Legion: Please call Judy for Legion Rental 705-740-5243.

Community Care: Zoom Exercises please contact CC at www.zoom.us.

SUNDAY

Havelock Stone Hall Sessions Concert Series: 4th Sunday of every

month at 2pm (Highway 7 and 6th Line.).

Havelock Seniors: Bingo at 6:30pm, doors open at 5pm, light lunch available.

SUNDAY - CHURCH SERVICES

St. Johns Anglican Church 1st and 3rd Sunday Communion.

Havelock Fellowship Baptist Church 10:30am.

Havelock United Church 10am.

Our Lady of Mount Carmel Catholic Church Mass at 9am.

Cordova United Church 9:30am every Sunday.

Knox Presbyterian Church 11am-12pm.

ATTENTION ALL SERVICE CLUBS, ORGANIZATIONS, CHURCHES AND COMMUNITY EVENT PLANNERS.

Please submit your events to havelockrail.cevents@gmail.com

prior to the 10th of each month.



HAVELOCK RAIL

SERVING THE GREATER HAVELOCK AREA

February 2024 Edition 56



KAWARTHA ADVENTURE RESORT

By Paul Stevens

A few decades ago the Twin Lakes Resort at 5589 County Rd. 46 in Havelock was a happening place. People could meet there for a drink, listen to live music and enjoy themselves. It was popular with the cottage crowd and town residents as well. But nothing stays the same. Eventually the place closed. Different owners tried to revive it but none were successful. Until now.

The newly named Kawartha Adventure Resort is officially open and has been booking rooms for weekends, events and family get-togethers for 2024. And it is priming itself for even more in the coming years. Laeeq Ahmed Javeed (Jay) purchased the property spontaneously and had a vision of what it could be. The family has collectively run gas stations, motels, car dealerships and logistics companies across New York State and Southern Ontario. Laeeq's two sons, Mohammed Ateeq Javeed (managing engineer and design) and Mohammed Sohail Ahmed (sales and marketing) as well as their sister Naureen Fatima Masroor (interior design) were quickly involved in the project.

Bringing the vision to life has taken over two years, and required focused attention and flexibility in dealing with the problems that had to be dealt with. Issues with the septic system were unexpected and the whole system had to be replaced.

"We had to spend quite a bit of energy with Septic system engineers to investigate many state of the art solutions before we could find the one which would meet all the business and the city requirements." But it turned out to be well worth it. The resort has a quiet and remote location with water front on one lake and overlooks another. It is surrounded by beautiful pine trees and has numerous trails coming to and running through the property. Local contractors that stepped up and helped the family complete the renovation included Trevor Day Associates, Mathews Excavating, Dark and White Plumbing and TJR Electric.

Mohammed Ateeq Javeed praised the local municipal office and staff. "I honestly don't think we could have finished this project without the support of the local

municipal office. I say this because we ran into many challenges through the renovation since we were dealing with an older building and one which was not occupied for a very long time. The staff at the municipal office was instrumental in helping us navigate through (all the issues) and played a significant part in making us successful in finishing this project."

Mohammed Sohail Ahmed filled me in about the coming year. "We are 18 days into the 2024 and practically every weekend is booked out this summer. The spring has a lot of inquiries and it won't be long before it is completely sold out. What is exciting is the variety of groups booking with us. We have church groups, basketball teams, family reunions, engagement parties, weddings, corporate retreats and so many more organizations filling up our weekends. It's exciting that everyone finds this place exciting!"

Looking into the future the family is looking to lease space to a food and beverage provider. They have acquired marina licencing and plan to offer fuel at the site. They also plan to offer motorized and non-motorized rentals to customers and clients so they can explore the surrounding waters and trails. A few luxury cabins nestled in the trees are part of the future plans.

Congratulations to Kawartha Adventure Resort. They have done a tremendous job and brought a unique attraction and venue to the local area.





WHAT'S INSIDE

Check out what's happening in your community

Look for news and updates from local community groups

H-B-M Happenings on page 15

Check out local businesses



CONTACTS:

For the Editor: havelockrail@gmail.com havelockrail.news@gmail.com havelockrail.ads@gmail.com havelockrail.finance@gmail.com havelockrail.cevents@gmail.com havelockrail.announcements@gmail.com havelockrail.classifieds@gmail.com

If you have news stories, advertisements, announcements, classified ads or coming events, contact the appropriate email address above or mail to PO Box 660, Havelock, KOL 1Z0

Layout & Design: Silverstreak Creative Design

SUBSCRIPTIONS

ROYAL LEPAGE

The Havelock Rail is distributed free of charge to all K0L 1Z0 postal codes. Distribution outside of our postal district is significantly more expensive so we must charge a subscription fee. If you would like to receive the Havelock Rail in your mailbox, contact us and we can arrange delivery. There will be an annual fee of \$36.00 for 12 monthly editions.

ELMER'S EDITORIAL

When do we have too much technology? The Toronto District School Board has decided cell phones in classrooms are not necessary and are considering a ban. Several school districts in other countries have banned phones in classrooms. It is difficult to contemplate the challenge a teacher must face with students using cell phones as communication tools in a class setting. Computers used for research with the internet may be valuable in a modern curriculum but cell phones are not necessary for that activity. Many parents are arguing against the cell phone ban because they want to communicate with their child whenever they want and vice versa. When did society decide that children and young people need to be attached to their parents 24 hours a day.

When I see parents waiting for school bus children that appear to be more than ten years old, I get flashbacks! When I was six I walked over a mile to a one room school (North School) and of course all the other students walked to school unaccompanied. Upon reaching the mature age of twelve, a friend of mine John L, the same age, became custodians at the School. We unlocked the door in the morning, swept the floor,dusted the shelves, cleaned the blackboards and yes we lit and kept the fire going in the box wood stove. Can you imagine a pair of twelve year olds in grade six being responsible for lighting wood fires today? There were no phones in the school and on major snow days, when the teacher couldn't make it to School, John and I would make the decision about when to lock the school and send the students home. No matter how deep the snow drifts were, many students would show up. As custodians we were always there to light the fire and keep the school warm.

The point of sharing this experience is to illustrate that young people used to be allowed to develop a sense of independence, a sense of responsibility and some ability to function without the constant monitoring and supervision of parents. There is no shortage of anecdotal stories about young people who grew up in an overly protected home and when they went off to a distant university, all hell broke loose, as they experienced true independence for the first time.

Perhaps banning cell phones in classrooms is a great idea. Let children grow up and not wait until they are adults to practice independent thinking.



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rxhavelock@outlook.com

Havelock Seniors Club

Hall Rental call Gerald 705-957-7596

Check coming events for activities.

Hall rental available at a reasonable fee.
Birthdays, family holidays, community meetings
and funeral receptions.



HAVELOCK SENIORS CENTRE

By Paul Stevens

10 George St. West is an unassuming building in the middle of downtown Havelock. You might not realize it but

that is the exact spot where the Bad Luck Bank Robbers began their tale of woe. Of course, it was still the Toronto-Dominion Bank in 1961 when the robbery occurred. It is a less eventful place now, but the current Seniors Club Building serves almost as pivotal a role in the community as the TD Bank did back then. Whether it is as a source of funding (like the \$500 raised for TJ's Victory Campaign, the \$500 raised for the school breakfast program, the \$300 for the Fire and Ice Festival last winter or for other causes). Such as hosting local meetings of the Havelock Rail staff, the Chamber of Commerce meetings and workshops, or providing a venue for craft shows, art exhibitions, Wayne Mathews and Trent Hills

Technical computer classes, or advance polls for elections. In addition the building has served as a spot to get COVID vaccinations and boosters

All of this is to say nothing of the regularly scheduled activities of the club itself. Chair Yoga on Mondays, Euchre on Tuesdays, Luncheon on Wednesdays, Bid Euchre on Thursdays and Bingo on Sundays. Sunday Brunches, Line Dancing, and events such as the Havelock Country Club Monthly Open Mic, the Havelock Spring Fling Market, Mother's Day Market and much much more. For the full and current list of events, activities and the latest news, check out the Havelock Community (Seniors) Club on Facebook. Almost unbelieveable considering there are only 60 current members. When you wonder what the glue is that holds together a strong and supportive community, the Havelock Seniors Club is a pretty good example.

THANK YOU

The Rail would like to thank William Neil for his generous financial donation to the Rail.



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"LIFE BLUEPRINT A STEP-BY-STEP GUIDE FOR CREATING AN EXTRAORDINARY LIFE".

By Laurie Deshane

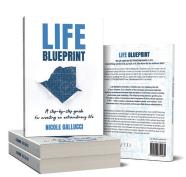
NICOLE GALLUCCI grew up in Toronto and bought a cottage North of Havelock in 2016; moving here permanently in 2020. It was during the COVID epidemic that she decided to write a book. "Life Blueprint - A step-by-step guide for creating an extraordinary life".

Graduating from York University with a BA, she started her own marketing agency working on Tier

1* Clients and global brands. Nicole was a professor at George Brown teaching marketing, advertising, case studies and creative thinking!

Life Blueprint provides a holistic plan for building the life of your dreams. A plan that combines business strategic planning methods with self-help courses, books, workshops and coaching. The step-by-step process guides you through a series of exercises that integrates all the critical aspects of life – vision, mission/purpose, impact, goals, and values – and combines them into a proven action plan that drives achievement.

Nicole created this process for herself as she tried to figure out life because there was not an "all in one", "cradle to grave" solution. She felt there was nothing that connected all the important "dots" in life – paying due homage to the past, embracing living in the



moment while also building towards the future creating a fulfilling life to be proud of! She used the process and the impact was noticeable. People were asking her to share; and to date has been shared with over 5,000 people. So Nicole launched her book this month and wants to share it with you.

The process is for individuals at a crossroads, evaluating personal and/or professional relationships, debating career shifts or side hustles, entrepreneurship or climbing the corporate ladder. Nicole feels that the transition from the impact of COVID, adjusting to alternative work options; trying to understand what is happening in the world today; and preparing ourselves for 2024, the Life Blueprint process is a much needed resource for you. Nicole also coaches and leads workshops; as well as provides e-courses online. This book has already hit the best seller list in 7 categories and can be purchased on Amazon! For more information on workshops and coaching Nicole can be reached at nicole@nicolegallucci.com or nicole@ingoodcompany.global.

*Tier 1 clients are considered low-grade customers who repeatedly call in with fake complaints to get discounts and free stuff and continually harass companies costing them money.



20 George Street West, Havelock 705-778-2231

76 Bridge Street North, Hastings 705-696-2222

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HAVELOCK'S CLIMATE ACTION PLAN?

An overview of Climate Change Planning activity in HBM. Data from the Action Plan is presented along with a hypothetical impact for each resident.

The Peterborough County Climate Action Plan used the year 2011 as a baseline year. In 2011 Havelock Belmont Methuen emissions were measured to be 37,476 tonnes of CO2 equivalent per year. The net Co2e target goal for 2031 is 31% below 2011 emissions (11,646 tonnes of CO2e less per year) or 25,830 tonnes net CO2e for the municipality.

Based on the 2011 data (CO2e and population) the average CO2e produced per person is approximately 5 tonnes per year. Using this estimation, each person would have to reduce their carbon footprint by let's say half of one tonne. A family of four would need to reduce their output by 2 tonnes per year. One hundred trees growing for one year will capture two tonnes of CO2 per year. An average car not driven for about 6 months would save 2000 tonnes of CO2e.

Climate Change in Peterborough County is a regional approach and the eight townships in the County share their initiatives at the Climate Change Advisory Committee. The CCAC is chaired by Peterborough Green Up and meets quarterly to discuss and share initiatives and opportunities (funding, etc.). Each Municipality is also required to submit annual Energy Consumption and Greenhouse Gas Emissions Reporting. Files are currently being updated and will be available in the next week or so on the new Municipal website.

The CCAP contains goals, actions and emission targets that fit with, and address the needs of each local municipality and First Nation with an overreaching goal to: Reduce our greenhouse gas emissions; Reduce the use of fossil fuels; Lower our energy consumption; and learn how to live in our changing climate.

The Greater Peterborough Area Climate Change Action Plan was adopted by HBM Council in 2016. The Chapter 6 section reflects the Township of Havelock-Belmont-Methuen's Community Sector and Corporate (Municipal) Sector emission reduction targets.

So much more to learn! Visit: Welcome - GreenUP GreenUP OR Climate Change | Sustainable Peterborough



114 Concession Street North, Havelock, Ontario KOL 1Z0 Tel: 705-778-3306 Fax: 705-778-5261 Email: 1685str@stores.carquest.com







INTERESTING TIDBITS ABOUT FEBRUARY

By Kathy Clement

ALL THE GOOD FOOD: February just so happens to be National Cherry Month and February 5th is World Nutella Day. Plus, chocolate is everywhere during this month. So, needless to say, February is a great month to enjoy delicious food. Surprise your family and friends by trying new recipes this month. Host a pot luck dinner and ask the group to bring something made with the foods of the month such as cherries, Nutella or chocolate. Eg: Nutella is good with bananas, apples or on a peanut butter sandwich.

LOVE: What we love most about February is love. Many people get caught up in the romantic aspect of Valentine's Day, but it should be about so much more. Valentine's Day, or even February in general, should also be about love of family and love for friends (even four-legged friends). Most importantly, it should be about love of self and love of life.

DID FEBRUARY 30 REALLY EXIST? February 30 actually existed at least twice in the past, according to historical records. February is the second month of the year in the Gregorian calendar. It is the shortest month with only 28 days in common years and 29 days in leap years.

FEBRUARY INFO

Did you know that "February" is one of the most misspelled words in the English language?

If you were born in February, your birthstone is an amethyst, and your flower is a primrose.

The western zodiac signs in February are Aquarius which is until February 19th, and Pisces, which is until February 20th.

February is the only month where it's possible to go the entire time without having a full moon.

February, March, and November always start on the same day of the week unless it is a leap year.

It was in February 1964 when The Beatles made their first American television appearance on the "Ed Sullivan Show."





A BOUQUET OF ROSÉS FOR VALENTINE'S DAY

Special Feature Writer: Leah Spooner, CWS



Our feature writer Leah Spooner, CWS, has been selected to represent Canada as a judge at one of the most prestigious wine competitions in the world - @concoursmondial in Mexico in June! Last year, 50 countries submitted over 10,000 entries to the four sessions held by Concours Mondial de Bruxelles! She is so excited to be a part of one of the largest tasting sessions – the red and white wine session. We are so proud of her accomplishment; and, that she is a part of the Havelock Rail.



Skip the roses and go for the rosés! Long gone are the days that rosé is made sweet with lower quality, over-ripened grapes. Whether you're trying to impress that special someone, entertaining guests, or just staying in, here are five delicious rosés that are worth opening this Valentine's Day:

13TH STREET SPARKLING ROSÉ: A traditional method sparkling made with Chardonnay and Pinot Noir that delivers a juicy palate of strawberry, rhubarb, citrus, and almond that play in a whirling romance of creamy mousse and a mineral core. This sparkling wine can play the part for a serious celebration, or just a casual night in. An all-around enjoyable bottle! Indulge yourself with a glass of this sparkling and a slice of cake. Available at LCBO \$32.95, 147504

MALIVOIRE LADY BUG ROSÉ: This certified sustainable dry rosé comes from the Niagara Peninsula. It opens with a nose of watermelon and cranberries. A blend that contains 56% Cabernet Franc translates to a slightly more concentrated rosé with dark red fruit, along with bright cherry notes and offers a long, crisp finish. This would be a wonderful pairing with chicken or a pork roast. Available at LCBO \$17.95, 559088

HENRY OF PELHAM ROSÉ: I love the nose on this one – rhubarb and sweet tarts! The palate has just a touch of balanced sweetness and presents summer berries; a refreshingly ripe citrus nuance, and an enticing mineral texture that lingers on the finish. Crisp and fruity! Pair it with sushi. Available at LCBO \$14.95 613471

WANDER + FOUND SPARKLING ROSÉ NON-ALCOHOLIC: This is a quality, non-alcoholic wine that also serves as a vegan and gluten-free option. Incredibly floral and mineral driven; Impressive structure that encompasses heaps of raspberries and hints of blood orange that persist on a long finish. A flawless replacement for the real deal! Pair this bottle with some Chinese takeout. Available at psalcoholfree.com \$16.95

KRONE VINTAGE ROSÉ CUVÉE BRUT: One of my favourite sparkling wines that's made primarily of Pinot Noir from the Western Cape, South Africa. It consists of forward aromas of biscuit, strawberry cream, raspberries, lilies and almond. The captivating palate delivers a soft, creamy mousse with bright, supporting acidity. Light citrus and fresh strawberry notes drive a long finish. A beautiful, high-quality example of Cap Classique! Pair this bottle with assorted chocolates. Available at LCBO \$23.95, 130047

LAURENT-PERRIER CUVÉE BRUT ROSÉ CHAMPAGNE: There's a good reason this is the #1 selling rosé Champagne in the world. 100% Pinot Noir, this Champagne exudes harmonious notes of strawberry, raspberry and cream, with gentle earthy and mineral undertones. Gloriously seamless and elegant. Pair it with strawberries and cream. Available at LCBO \$119.95, 158550











CORDOVA CORNER NEWS

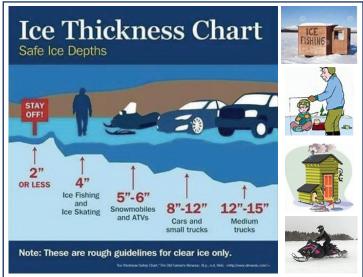
By Laurie Deshane





Lace up your skates and enjoy the Cordova Ice Rink beside the Fire Hall. Bring the family and a thermos of hot chocolate and have fun, family and friend time, by enjoying some healthy activity in the outdoors!





CHECK ICE THICKNESS

The temperatures had been up and down last month and Ontario lost 6 persons going through the ice within a 7 day period. With ice fishing and snowmobiling being such popular sports, we are in a hurry to get on the ice. But, as of January 15, Belmont and Cordova Lake were still unsafe. That week turned cold so we may have ice by the time you are reading this! But please check out ice thickness and refer to the chart shown, before you venture out!

MUTTMIXX KEEPS ON KEEPING ON

By Paul Stevens



Since 2022, when her business was voted #1 Local Business in an HBM social media Survey, Meaghan Kynok has not slowed down. This past August the business moved to 14 Mary Street, at the East end of town, just off Highway 7. The additional room has allowed

the business to expand it's raw food items. In addition, muttmix products are now available in a variety of locations. Currently, you can look for the brand in seven Pet Valu and Paulmac's locations, the Grape and Wedge in Apsely, and the Coe Hill Café in Coe Hill. The accolades continue to pile up. muttmixx also won two gold awards, for pet treats and pet care in

the Belleville Choice Awards. Most recently Meg and muttmixx won the HBM Community Recognition Award for Business of the Year.

You can be forgiven for thinking that winning awards and taking care of her business would leave no free time for Ms. Kynock, but you would be mistaken. At the end of November, Meg became the latest Havelock business to complete the five-week Starter Company Plus business program offered through the Peterborough & Kawarthas Business Advisory Centre. Her work and the business plan she created as part of the process won her a \$5,000 microgrant to be used to grow her enterprise. It's onward and upward for Meg and muttmixx. There is no telling where they will finally end up, but it is safe to say there will be a lot of happy clients and dogs cheering them on.







LIBRARY NEWS By Nancy Law, Havelock-Belmont-Methuen Public Library

Trying to beat the February Blues, we have some suggestions for you. Come learn about your family history. At the Havelock Library we are holding our Genealogy sessions again on Thursdays from February 8 until February 29, 1 to 3pm. We have the database Ancestry (which can only be accessed at the library) that can help you trace you roots. Whether you are just starting out, have traced back to many generations, you can meet up with fellow Genealogists and trade ideas or learn something new. If you are planning a vacation or looking for greater insights into the history, people, politics or culture of any country, you can check out the database Global Road Warrior. Global Road Warrior gives in-depth information on 175 countries. You can find out the average temperature of Fiji, what currency is used in Brazil and how much our dollar is worth compared to other countries. Maybe you would like to host an international dinner party and you can get recipes from all over the world. Don't forget to look at our webpage at www. hbmlibrary.on.ca our Facebook page for upcoming events or you can contact the Havelock Library at 705-778-2621 or Cordova Library at 705-778-2721 for more information or help with our databases.

ENVIRONMENTAL TIP OF THE MONTH

By Larraine Roulston

Michael T Wall, the singing Newfoundlander, has written many songs about preserving our earth. Wall, who has performed at the Havelock Jamboree shares his passion for the environment through his catchy tunes that include: 'Recycle It' and 'Pee Wee the Wonder Worm'. On Valentine's Day, enjoy the love of guitar music, recycling, and composting reflecting how you too can protect the planet.







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ORDERING SEEDS FOR SPRING PLANTING? THINK AHEAD TO SEED SAVING THIS FALL

By Sandra Caswell

As I placed this year's order for seeds, a favourite January pass-time, I decided that this is the year I'll start saving seeds from my favourite vegetables and annuals to plant again the following year. But what does ordering this Spring's seeds have to do with saving seeds this Fall? Everything!

The easiest seeds to save are those that are self-pollinating, which means that the plant contains both the male and female parts necessary to produce offspring seeds. Genetically, the seeds will be very close to the original plant. Examples are peas, beans, tomatoes, peppers, sunflowers, zinnias, and marigolds. I will plant the seeds of these self-pollinating plants a year later and feel confident that what will grow will be very close to the original.

Cross-pollinating plants need another of the same species to complete the pollination process. An example is squash. These seeds can be saved too, however, the combined genetics from the two original squash plants could yield a seed that, when planted the following year, produce a squash plant unlike the original plant you were trying to reproduce. Consider planting only one variety to reduce the risk of varieties cross-pollinating.

Lastly, I'll avoid investing in hybrid seeds for plants I plan to harvest for seed this Fall. Hybrid seeds are the product of crossing two varieties of the same species, usually purposefully to introduce improved production or increased disease resistance and other tolerances. Hybrid seeds are great if you need to work around those types of issues but the seeds of those plants shouldn't be harvested as they will not produce similar plants next year. This is where 'heirloom' seeds could be an option: these are seeds that have been time-tested, sometimes decades back, to produce the same plant year over year.

I'm hopeful this little bit of research at seed ordering time will pay off when I harvest seeds this Fall for planting next year.

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SPORTS



MORGAN MARSH RUGBY

By Brooke Wrightly

Hard work and practice can

bring amazing results and 16 year old Morgan Marsh of Havelock is not afraid of either. Morgan is a grade 11 student at Adam Scott High School in Peterborough. She has been a member of their rugby team for 3 years. Morgan also plays for the Peterborough Pegans during the summer season.

Now the teams hard work is taking them to Italy for 10 days where they will be playing exhibition games against Italian teams. Each member of the team has been participating in fundraising activities since September. The team has run tag days, raffles ad draws. Local businesses Woody's Burger restaurant and Menzies Developers helped make the trip possible for Morgan by sponsoring her.

The team will arrive at the Melpensa airport on January 2. The team will enjoy some sightseeing, including a visit to Royal Palace. On the 3rd the team will have their 1st experience with practicing along with Le Fenici team. A train ride will move the team onto Milan. The team will be playing in a tournament in Milan on Friday as well as participting in some Italian cooking lessons. On Sunday they will board another train to Venice. The team's next game will be played against Benneton. The Basilica Di San Marco, along with the Palazzo Ducale are on the list of guided tours.

The girls final day in Venice will be filled with activities such as gondola school, and a scavenger hunt. After a final dinner and evening together the team will be heading back to Canada and home.

Congratulations Morgan!



HAVELOCK HAWKS

By Keri Toms







After a short Holiday break, the Hawks have now entered into the second half of their hockey season.

We ended December on a high note with a Holiday Skate for our players and their families; as well as another successful in-house Skills Clinic. This Clinic was kindly sponsored by HBM Roofing and Castle Building Centre. Thank you for your support!

Back in December the U7's played at home against the Tweed Hawks. Vimy Ferguson earned hardest working player and Dekker Cagliostro was strong in net. They played the Brighton Bolts on January 6 and 7. Dekker Cagliostro and Bailie Watson received the hardest working players. A big shout out to goalies Max Mahoney and Wyatt Middleton who were solid between the pipes! A special mention to the previous Hardest Working Player recipients: Bryson Colley-LeBlanc, Leopold DeMille and Mitchell Hamilton.

The U9 Hawks have been busy facing off against many local opponents. These were all exciting games to watch! Game MVPs for the first half of the season were Lincoln Haney, Evelynn DeMille, Josh Baldock, Thomas Stevenson, Wyatt Vineham, Kaelie Chard, Daxton Whitmore and Cooper Brunette. This is also the last of the U9 Hawks Half Ice portion of the season. They will switch to their Full Ice games just in time for their Home Tournament on Saturday January 20th.

Our U13's continue to persevere and work hard as a team. They were hoping to snag another win against the Warkworth Bulldogs back in December, but they lost the battle with a close 8-6 game. On January 14 the Hornets came to town and it ended with a tough loss for Havelock. T.J Arrundell played a strong game in net, holding Norwood for the better part of the game. Both Hawks goals were scored by Angus Toms.

RECIPE

CHEESY PEPPERONI DIP

By Kathy Clement

- 8 oz. cream cheese at room temp.
- 1/2 cup sour cream
- · 1 clove garlic, grated
- 3/4 tsp. oregano
- · Pinch of red pepper flakes
- ½ tsp salt
- · 6 oz. mozzarella cheese coarsely grated, divided
- 1/2 cup grated Parmesan, divided
- 1/4 cup pizza sauce or marinara sauce
- 2 oz. mini pepperoni slices
- · 1 baguette sliced

Heat oven to 400°F. In medium bowl, combine cream cheese, sour cream, garlic, oregano, red pepper flakes, and 1/2 teaspoon salt. Fold in 1 cup mozzarella and all but 2 tablespoons Parmesan. Transfer mixture to shallow broiler-safe 1-quart baking dish. Top with pizza sauce; sprinkle with remaining mozzarella and Parmesan, then pepperoni. Bake until bubbling and cheese is beginning to brown, about 15 minutes, broiling 1 to 2 minutes if needed. Let rest 5 minutes before serving. Serve with baguette slices for dipping.

HAVELOCK FARMER AND ARTISAN MARKET NEWS

The Farmer and Artisan Market is accepting online applications for the 2024 market season which runs from Friday May 17 to Friday October 11. Go to "Havelock Market" to complete an application and get more information about the market.



James Bell, Manager jbell@havelockhh.com

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INTERESTING FACT

By Brooke Wrightly

There are:

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2 colors, for day and night.

4 suits for the 4 seasons.

13 weeks in each season.

12 count cards, representing 12 months.



If you add each of the cards of the game, you get 365 for the number of days in the year.



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The January winner of the Snack Attack prize was Yvonne Prouty, pictured here with Debbie Ottley.





COUNCIL CORNER

By Donellda Fraser

Meeting held on January 16, 2024.

- Delegation of Farah Sheriffdeen from Food Cycler Science Corporation. She gave the results of the Pilot Survey program. There are reduced garbage bags, however someone reported an increase in electricity usage. When asked how many would recommend, 78% would do so. 98% would continue to use it. So the township gave 4.6/5 star approval rating.
- Ruralynx Internet CEO Ray Abrams requested a Havelock Water Tower Wireless Internet Site Proposal to Council. It would provide
 Television, Internet to the town at a better rate. It would be only used by Ruralynx to prevent other providers, trying to establish the
 hardware on the tower. Further investigation to be done by staff. Motion to receive was carried.
- Delegation Andrea Thomas Re feral cats etc. Gave a compelling talk with lots of actual facts that she has researched with a list to back her up. She asked council to consider partnering with a committee to help get these cats neutered and off the streets. She stated that this isn't only a problem in HBM Township but other municipalities as well. Lots of questions and suggestions coming from the council and accolades at being the best presenter on this topic. Bob Angione informed her that she should contact him once she has the committee established. Motion to receive carried.
- Proposal by Gerry Dougherty that following a long weekend Council be moved to the Wednesday to allow staff additional time to prepare for the meeting. A lengthy discussion ensued with several ideas being put forward. In the end Council Meetings following a long weekend will remain on Tuesday's. Start time to revert back to 9:30am instead of 1pm. Motion made and passed.
- Chuck Venhuizen Sr. Safety Adivsor Re Fire Safety Partnership Invitation. As per Fire Chief Ray Haynes this is a third party which prints pamphlets which are handed out to schools and at different functions. A Motion made to give the same amount of money as last year. Motion made and carried.

OBITUARY



RUTHERFORD, RONALD WARDEN - January 4, 1943 – November 10, 2023. During a brief stay, Ron passed away in hospital on November 10, 2023 dreaming of tomorrow the day he was to return home to his farm, to the care of his devoted daughters, and to the animals he loved, all of which brought him peace and comfort and a smile to his face every day. Although Ron did not make it back to his home, as scheduled, he is now at rest and reunited with his heavenly family. Ron was a talented hockey and ball player and an accomplished horseman. He spent many hours travelling to rinks and ball diamonds throughout the province and was selected to play for the Chicago Black Hawks Farm Team. He was well

known for his hockey skills and fans would turn out to see him in action at the local arena. He loved ponies and horses and hauled lots of them, along with his girls, to compete at horse shows and fairs. He was an amazing "Horse Show Dad", and the reason for their many successes in the show ring. Ron lived all his life in the Havelock area, working on the family dairy farm, while raising beef and pork on the farm previously owned by his grandfather, William Griffith. In 1978 Ron took over the R.R. #2 mail route from his father, Fred, carrying out his duties as a Rural Mail Carrier for the next 38 years, until his retirement from Canada Post in 2016 due to health reasons. Ron was extremely proud of his family's history of rural mail delivery in the Havelock area for over 100 years. One of his favourite quotes was "It's the Friends we meet along life's road who help us appreciate the journey'. Ron did appreciate his friends and although his earthly journey is over, please know how much your friendship and support meant to him.

Ron is survived by his loving daughters, Rhonda and Rochelle Rutherford, his brothers Bob (Lenna), Jim (Delores), & Jerry (Carol), and his many nieces and nephews. He was predeceased by his parents Fred and Ena Rutherford and his beloved sister Marilyn and her husband Ron McMillan. A Celebration of Ron's Life was held on his birthday, January 4, 2024. In memory of Ron, donations can be made to Havelock Minor Hockey Association, Operation Catnip or to the Campbellford Memorial Hospital Foundation. Online condolences may be made at www.brettfuneralchapels.com. "BYE FOR NOW"

Please note this was sent to publication as of January 22nd, 2024

OFFICE CLOSURE:

The Township Office will be closed on Monday, February 19th, 2024 in observance of Family Day. "We hope you connect with your relatives and celebrate the importance of family."

PUBLIC MEETING NOTICE:

ZONING BY-LAW AMENDMENT

TAKE NOTICE the Council of the Corporation of the Township of Havelock-Belmont-Methuen will hold a statutory Public Meeting on February 20th, 2024, at 9:30am to consider a proposed Zoning Bylaw Amendment under Section 34 of the Planning Act, R.S.O., 1990, as amended.

THE PURPOSE AND EFFECT of the proposed Zoning By-law Amendment is generally housekeeping in nature; inclusive of amending/adding certain definitions, revising general provisions as they apply to Additional Dwelling Units (ADUs), the High Water Mark setback, swimming pools, and yard encroachment regulations; as well as introducing new regulations applicable to the Rural, Commercial, and Open Space Zones; and the removal of the entirety of the Estate Residential (ER) Zone.

Residents are welcome to attend in Council Chamber, or, via Zoom. To participate electronically, please contact Deputy Clerk, Bianca Boyington, by email at BBoyington@hbmtwp.ca, no later than 12:00pm (noon) on the day prior to the scheduled meeting. The Council Meeting Agenda, as well as supporting documentation, are available on our website at https://calendar.hbmtwp.ca/council/.

AMP SYSTEM BY-LAW ENFORCEMENT – COMING THIS SPRING:

Administrative Monetary Penalty (AMP) By-law 2023-085, also referred to as the "AMP System By-law", is a municipal driven cost recovery process that utilizes its authority under the Municipal Act to ensure By-law compliance. This spring, the AMP System By-law will apply to the following:

- Off Road Vehicle By-law 2021-022
- Property Standards By-law 2023-021
- Clean Yard By-law 2023-022
- Parking By-law 2023 088
- Noise By-law 2004-02

Note: AMP System By-law, and all By-laws noted above, are available at www.hbmtwp.ca. For additional information, please contact the municipal office at 705-778-2308.

COUNCIL MEETING SCHEDULE:

Please note all meetings are held in the Council Chamber and via Video Conference. All meetings will begin at 9:30am.

- Tues. Feb. 6, 2024 @ 9:30am Regular Council Meeting
- Tues. Feb. 20, 2024 @ 9:30am Regular Council Meeting Meeting dates are subject to change, please visit the Township Website www.hbmtwp.ca for more information.

HAVELOCK FIRE & ICE FESTIVAL 2024:

Be sure to come out Saturday, February 10th and enjoy Havelock Fire & Ice Festival 2024 held from 12pm to 6:30 pm at HBM Community Centre! It's a fun, family-friendly event that celebrates the wonders of Fire & Ice and the great winter outdoors.

ALL DAY ACTIVITIES:

- HBMProud Community Outdoor Rink open all day
- Open campfires and FREE marshmallow roasting
- Kids Rainbow Ice Block Mountain & Play Area
- Hole in One practice area and Target Toss
- Meandering Ice Lantern Path & Havelock Hawks Ice Sculpture
- Arena Canteen Woody Pizza (Figure Skating Club fundraiser)
- Food Vendors Beavertails, Greedy Bites, and Outdoor Canteen (D & T Moffatt), and Chili Plus on 2nd floor of arena
- · Craft & Maker Vendors on 2nd floor of arena

SCHEDULED EVENTS:

- 12pm, Opening Ceremonies
- 12:15 to 1pm and 3:30 to 5pm (FREE) arena Public Skating
- 12 to 4pm, Ice Carving competition, 6 amazing carvers
- 1:30 to 2:30pm, All Star Hockey Clinics x 2 (Havelock Minor Hockey)
- 3 to 3:30pm, Tot's Figure Skating Routines x 3 (Havelock Figure Skating Camp)
- 3 to 4pm, Hole in One Competition
- 2 to 5pm, North Fire Roaming Ice Princess
- 4 to 5pm, Blades of Glory, plus a Fiery Sword Fight at 6:00pm
- 5:30 to 6pm, amazing North Fire Arts Performance
- 6:10 to 6:30pm, the Fireworks Extravaganza

For more information contact HBM Township Economic Development Officer, Shari Gottschalk at ecdev@hbmtwp.ca or 705-778-2308, ext. 123.

COMMUNITY CALENDAR OF EVENTS

A List of Local Events in Your Community

MONDAY

Community Care: Seated Yoga every Monday at noon (17 Smith Dr.).

Community Care: Blood Pressure Clinic February 6 & 26, 9:30-10:30am.

(17 Smith Dr.).

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Seniors: Chair Yoga 11am-12pm. \$5.

Havelock Seniors: Drop in for Coffee & Toast 8-10am donation only.

Havelock Arena: Free Community Skating February 19th, 12-2pm, sponsored

by Havelock Minor Hockey.

Havelock Arena: Lions Club Family Day February 19th from 11:30am-4pm

(check out their website for activities).

TUESDAY

The Legion: Zumba exercises for seniors, 9:30-10:30am.

The Legion: Cardio & Weights 10:45-11:45am (bring your own weights).

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Seniors: Drop in for Coffee & Toast 8-10am donation only.

Havelock Seniors: Shuffleboard from 1-3pm. \$5.

Havelock Seniors: Regular Euchre from 7-9:30pm (bring a snack to share). Havelock Centre: Laugh N Learn Playgroup every Tuesday, 9:30-11am.

Snacks & coffee provided. (30 George St).

Havelock Centre: Seniors drop in for coffee, tea, light snacks, January 9th,

1-2:30pm. (30 George St).

WEDNESDAY

Community Care: Diners Club February 7 & 21. United Church.

Havelock Seniors: Diners February 14 & 28. Please call 705-957-7596 if possible

for seating. \$13.

Havelock Seniors: Drop in for Coffee & Toast 8-10am donation only.

The Legion: Line Dancing from 9:30-10:30am.

The Legion: Cardio & Weights from 10:45-11:30am (bring your own weights).

The Legion: Body Balance from 11:40am to 12:15pm.

Havelock Town Hall: Weekday Jammers, doors open at 12pm.

Havelock Centre: TOPS (Take off pounds sensibly) 6:30-8pm

(George & Orange St.).

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Cordova Community Centre: Yoga every Wednesday, 5-6:30pm and 7-8:30pm.

\$18. Please contact 705-760-1296 for more information.

Havelock Arena: Free Skating every Wednesday from 1-5pm.

THURSDAY

Havelock Seniors: Drop in for Coffee & Toast 8-10am donation only.

Havelock Seniors: General Meeting at 10am.

Seniors Centre: Bid Euchre every Thursday at 1pm. Doors open at 12:30pm. \$5.

The Legion: Cribbage 1pm, 1:30pm start.

The Legion: Team Darts 7pm start, everyone welcome.

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Centre: Career Edge Hub 9am-12pm, free drop in employment

counselling & services.

Havelock Centre: Men's Night at 7pm (discussion group with snacks).

Havelock Public Library: Genealogy Courses every Thursday in February from

1-3pm. (Feb 8.15.22.29).

FRIDAY

Havelock Seniors: Drop in for Coffee & Toast 8-10am donation only. Havelock Seniors: Beginners Line Dancing 10-10:45am, \$5.00. Havelock Seniors: Advanced Line Dancing 11-11:45am, \$5.00.

The Legion: Shuffleboard at 1pm and Darts at 7pm.

Cordova Community Centre: Yoga every Friday 10:30-11:30am.\$18. Please

contact 705-760-1296 for more information.

Havelock Centre: Open Mic Music Night 1st & 3rd Fridays at 6pm. Any questions

please call Rolf at 705-875-8018. (February 2nd & 16th).

Havelock Centre: Second Harvest Food Program 2nd & 4th Friday from 10-

11am. (February 9th & 23rd).

The Legion: Blind Draw Double Darts 7pm start, everyone welcome.

SATURDAY

Havelock Seniors: Bid Euchre Tournament February 3, doors open at 11:30am

and food is available \$.

The Legion: opens at 1pm and Meat Draw at 3pm (8 Ottawa St.).

The Legion: Please call Judy for Legion Rental 705-740-5243.

Havelock Arena: Fire & Ice Festival February 10 from 12-7pm.

SUNDAY

Havelock Stone Hall Sessions Concert Series: 4th Sunday of every

month at 2pm (Highway 7 and 6th Line.).

Havelock Seniors: Bingo at 6:30pm, doors open at 5pm, light lunch available.

Havelock Arena: Free Skating every Sunday from 1-2pm.

Havelock Arena: February 4th 1-2pm. Please drop off new or gently used blankets

to the Peterborough Paramedics.

SUNDAY - CHURCH SERVICES

St. Johns Anglican Church 1st and 3rd Sunday Communion.

Havelock Fellowship Baptist Church 10:30am.

Havelock United Church 10am.

Our Lady of Mount Carmel Catholic Church Mass at 9am.

Cordova United Church 9:30am every Sunday.

Knox Presbyterian Church 11am-12pm.

ATTENTION ALL SERVICE CLUBS, ORGANIZATIONS, CHURCHES AND COMMUNITY EVENT PLANNERS. Please submit your events to havelockrail.cevents@gmail.com prior to the 10th of each month.



III ALVIE

March 2024 **Edition 57**



















Photo: Brooke Wrightly

Photos: Sandra Caswell

WHAT'S INSIDE

Check out what's happening in your community

Look for news and updates from local community groups

H-B-M Happenings on page 15

Check out local businesses



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If you have news stories, advertisements, announcements, classified ads or coming events, contact the appropriate email address above or mail to PO Box 660. Havelock, K0L 1Z0

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SUBSCRIPTIONS

The Havelock Rail is distributed free of charge to all K0L 1Z0 postal codes. Distribution outside of our postal district is significantly more expensive so we must charge a subscription fee. If you would like to receive the Havelock Rail in your mailbox, contact us and we can arrange delivery. There will be an annual fee of \$36.00 for 12 monthly editions.

ELMER'S EDITORIAL

As we roll into March, income tax season is upon us. The deadline for filing 2023 tax is April 30, 2024. Next to complaining about the weather, complaining about taxes is right up there near the top of complaints. Different levels of government have different jurisdictional capacity to collect taxes. Federal and provincial governments can levy direct taxes on income and sales but municipal governments can only levy property taxes and charge fees for various services.

When election season rolls around, taxes are inevitably a political football. During Donald Trump's four years as president his only significant accomplishment was a massive tax cut which contributed to the largest deficit by any US president and enriched many of the 651 billionaires in the USA.

Regardless of the country, when governments spend on the well being of their citizens, some politicians complain about deficits but at election time they promise tax cuts which means the deficit will increase and enrich the wealthy.

If we examine government spending closely we will discover why tax cuts are bad for most citizens. The budget for healthcare and social services is more than a third of government spending and if you add in education you would be looking at two thirds of the budget. Attempts to reduce spending by an arbitrary percentage would be devastating for health care and education. If you exempt those areas from the cuts you would destroy several other branches of government. Spending needs to be curtailed when possible but arbitrary cuts will only make life miserable for the people in need of social services. Privatization of health care will only make life worse for people in need of care.

Back to HBM and property taxes. With a little research you will discover that property taxes in HBM are lower than most of the surrounding municipalities. With lower taxes comes less services and delivery of servicers based on reduced staff. Generally, we should give thanks to our council for their efforts and remember you can't get more and faster services without higher taxes!

Happy Saint Paddy's Day!



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Havelock Seniors Club

Hall Rental call Gerald 705-957-7596

Check coming events for activities.

Hall rental available at a reasonable fee.
Birthdays, family holidays, community meetings and funeral receptions.

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FRIENDS OF HAVELOCK AGM

Friends of Havelock, a non profit corporation held its inaugural annual general meeting in early March 2020 just as COVID hit. Since Covid, we have paused most of the planned activities.

The intention of the Corporation is to establish an entity that will raise funds to support the distribution of the Havelock Rail and in time make grants available to other senior and youth organizations. Funds raised will not be used to pay for operational expenses but rather the interest earned on investments will be distributed by the Board of Directors. Friends has a constitution and by-laws to ensure funds raised are used to support the objectives of the Corporation. Filing to become a federal charitable corporation is underway.

The AGM will be held Sunday. March 24, 1pm at the Seniors Centre. Membership fees are \$20 and can be paid at the door allowing you to vote for directors and resolutions.

We hope for a good attendance to help provide sustainability for the future of the Rail newspaper.

THE RAIL IS NOW ONLINE

The Rail is pleased to announce that HBM is hosting digital copies of the newspaper on its website. Go to the front page of the HBM website at https://www.hbmtwp.ca/ and scroll down the page until you see the section of the page in the accompanying image. In the image, the red ovals identify the live links. The two most recent issues, January and February are now available. The front page (Page One) is not reproduced in either online issue. We will continue to seek a solution to this glitch, but decided this news was too good to keep quiet about. To be determined are how many different issues will be hosted at a time and how long an issue will remain available. Our thanks to HBM for making it possible for folks outside of the HBM Post Office route to stay updated on what is going on in the area. We look forward to your feedback.

THANK YOU

The Rail would like to thank Lois Watson Dwight,
Susanne B Voskamp and the Stone Hall 4th Sunday
Concerts for their generous financial donations to the Rail.



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DECISIVE DEMOCRACY INTERVIEW SUMMARY FEBRUARY 10, 2024

Decisive Democracy
The Way of Life For All

This is an edited interview with local author Harmen Boersma.

Paul: Mr. Boersma, can you tell us about yourself and your

Boersma: In 2019, my spouse and I moved to Sama Park from Kemptville, ON, where we had been involved in raising our family of five, operating a PR business, and participating in church and community activities. As a new Canadian. I have always followed social and political news. As COVID progressed, I found the social atmosphere changing. It felt to me that the government took more control, was more

coercive than necessary. For me, that raised the guestion: What does a vibrant, stable democracy look like? I spent three years putting the answer together in my book, Decisive Democracy The Way Of Life For All.

Paul: Can you give our readers a summary of your book?

Boersma: It offers an inventory of democracies: constitutional, representative, direct democracy, and more. Canada has a constitution which guarantees rights to individuals and institutions. I pose that Canadians have responsibilities and are accountable for them to the Creator and to each other to maintain a constructive way of life.

We can make a choice to speak the truth or a lie, work for good or evil. That is a personal decision that applies to all of us, from the Prime Minister down to the homeless person. Therefore, the title Decisive Democracy Usually, democracy means 'people rule' but I extend that to 'people rule to serve'.

Democracy is not only political but influences all of society. It is not given

'on a platter'. Every person in their social relations constructs or destructs. If government leaders control by offering their ideal society, the family, the workplace and the church will be disrupted from being the institutions they are meant to be.

In chapter five, The Story of Canada, I offer a bird's eye view of Canadian society from 'times immemorable' to the present. Canadian society has been organized in various ways but as an independent liberal society in the last 100 years.

In Decisive Democracy, I pose that four social institutions are its pillars: the family, the workplace, the church, and the state. Each contributes in their unique way to society: Family offers the continuation of the population from generation to generation; the workplace offers creativity and material support by developing scarce resources and services, the church equips us to live by faith; and the state offers protection and security. I present three examples of this kind of democracy: in the Netherlands (1875 to 1950), in Canada/Ontario (1950 to 1990), in Hungary (2010 to the present). These times were marked by peace and prosperity, in spite of local turmoil to define it.

Paul: Who are you trying to reach and where can they get a copy of your

Boersma: Although democracy involves all Canadians, I hope to reach especially youth, Indigenous and new Canadians. They will shape the future of Canada. Copies are available at all major online bookstores or can be requested at decisivedemocracy@gmail.com.



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March 2024 Page 5 Edition 57

MEDIA RELEASE: FARMLAND TO RENT?

NEW TOOL WILL HELP KEEP FARMLAND IN FARMING!

Farms at Work is excited to launch findfarmland.ca – a free online tool designed to fill a gap in agricultural land access by helping farmers and landowners find each other.

Why is this so important? More and more non-farmers are purchasing farms. Sometimes all or part of their farmland is taken out of production, and that is not good for Ontario. We need all the farmland we have in order to feed Ontario and build local food security. A study by Ontario Farmland Trust in 2009 showed that the food produced in the province at that time was barely sufficient to feed the population, but since then more nd has gone out of production and population has increased. Land in production declined by about 18% over the 35 years ending in 2020.

The recent pandemic, political upheaval and severe climate events have all illustrated how supply chain disruptions can directly affect groceries on shelves in Ontario. At the same time, rental of farmland is rising steadily

across the province as farms become less affordable for farming, and new entrants are particularly hard hit. With prices skyrocketing, few can afford to purchase a farm.

Find Farmland is a simple, searchable bulletin board for listing farmland available across the province. Anyone can search for land based on geography, facilities and other characteristics. Find Farmland can help make more land accessible and encourage owners to keep it in production.

Visit findfarmland.ca and pass it on to landowners in your area who may be looking to rent out all or part of their farmland.

Farms at Work's mission is to keep healthy farmland in farming by providing space for hands-on learning, knowledge sharing and community building, as well as providing support for access to land.



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March 2024 Page 6 Edition 57

HAVELOCK SHARPENING AND SMALL ENGINES

By Paul Stevens



John Hebor was good enough to send us an email and let us know that he had just purchased Havelock Sharpening and Rental. The original owner, Dennis Irwin, was retiring. This is great news. An existing business has been sold to

a new owner and will continue to do business in our community

John is from the Havelock/Campbellford area. He learned the business was up for sale when he saw an ad for "Havelock Sharpening and Rentals" while scrolling through Facebook. John was working at the time but was looking for a change and felt up for the challenge. He talked to Dennis who asked questions and also answered them. Dennis invited John to try this opportunity out to see if it would be a good fit. John was already familiar with the basics of running a business and he had past experience in fixing

small engines like lawnmowers, chainsaws and trimmers. Dennis put him through the mill in terms of sharpening until he could do the range of sharpening that Dennis was providing.



The sale officially took place on January 1st this year. The name of the business was changed from "Havelock Sharpening and Rental" to "Havelock Sharpening and Small Engines." As well as continuing the existing sharpening John has started expanding into

the small engines market and hopes to start dealing in small farm equipment repair and custom fabrication work.

John invites readers to check out his Facebook page called "Havelock Sharpening & Small Engine Repair". He shares his hours, important information, and even services on offer! You can contact him by email at havelocksharpening6289@gmail.com or by phone at 705-977-5897.



March 2024 Page 7 Edition 57

FOOT CARE CLINIC IN HAVELOCK

Community Care Peterborough is pleased to announce a Foot Care Clinic will be opening at its office in Havelock starting on March 7, 2024. With trained volunteers, the Foot Care Clinic will provide toenail trimming and basic skin care to promote and maintain comfort and mobility, for a fee of \$30 per appointment.

The Foot Care Clinic is a collaboration between the Havelock and Norwood offices of Community Care Peterborough. It will take place on the first and third Thursday morning of each month from 9:30am to 12:30pm at 17 Smith Drive in Havelock.

The Clinic will provide an important service to the Havelock and Norwood areas. Healthy feet can be a key factor to overall wellbeing and the foundation to maintaining independence. Foot health is vital to balance and mobility, and having foot problems could mean the difference between needing institutional care and being able to live at home.

Community Care is encouraging those interested in registering or booking an appointment to call the Norwood office of Community Care at 705-639-5631.

For individuals who are unable to drive, Community Care offers a Transportation program. Through volunteer drivers, or accessible vehicle services, the organization assists with drives to medical and other appointments, as well as shopping and personal errands.

Powered by volunteers and staff, Community Care Peterborough supports the health and well-being of individuals, caregivers, and communities. As a trusted healthcare partner, its high-quality programs allow people from across the City and County of Peterborough to maintain their independence and dignity.

For more information about the Foot Care Clinic, visit: www.commcareptbo.org/Footcare







The offices of Community Care in Havelock and Norwood are pleased to offer a Foot Care Clinic starting in early March 2024. This service will be provided at our office in Havelock.

Our Foot Care Clinic provides basic foot care, including skin care and basic trimming of toe nails, for a fee of \$30 per appointment.

The Clinic will operate on the first and third Thursday of each month from 9:30am to 12:30pm at 17 Smith Drive in Havelock.

To register or book an appointment, please call: 705-639-5631



Foot care helps maintain comfort and mobility, aid in balance, relieve stress, and manage symptoms of illness.

Foot problems can mean the difference between needing institutional care and being able to live at home. Healthy feet are the foundation to maintaining your independence!









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CORDOVA CORNER NEWS



CANADIAN RECORDING ARTISTS - WEDNESDAY

https://en.wikipedia.org/wiki/Wednesday (Canadian band) https://wednesdayrocks.com

Canadian recording artists Wednesday was a pop vocal group from Oshawa, Ontario, Canada, They scored a hit single with "Last Kiss" in 1974 peaking at #1 on the Canadian Billboard chart where it staved for six weeks. In the U.S. it reached #34, in Australia it made the #7 chart position, and #68 in the yearly Australian top 100.

But even more notable is that one of the band members and good friend: guitar player and singer Mike O'Neil has "cottaged" on Belmont Lake since 1973 with his "in-laws"; eventually buying their own cottage in 1985! Mike grew up in Oshawa and lived in a neighbourhood where you either played hockey, or the guitar; or both! At Eastdale High School, he played the French horn for three years. Having developed the love for music he decided to take guitar lessons at Wilson and Lee, Oshawa's first and oldest music store! His guitar teacher discouraged him by telling him he was wasting his time as he didn't have that knack! Mike was not that easily convinced, as his music teacher, Mr. Devereaux, told him to continue pursuing his music, and the latter occurred.

Paul Andrew Smith (lead guitar and vocals) immigrated from England in 1967 with his family. Paul didn't know anyone in the area, but one morning his mother was waiting at a bus stop where she saw Randy Begg (drummer and vocals) walking by with drum equipment in hand. She stopped him and mentioned that her son played guitar. Randy was curious and went to visit Paul right away. They instantly bonded and formed a duo playing at church basements, parks and get-togethers. Randy had a girlfriend that lived in the same neighbourhood as Mike. In the summer of 1968 Randy and Paul met Mike where he was strumming

his guitar at a local party. They invited him to join them. This led them to meeting Mike's neighbour John Jose Dufek (6'4") who quickly decided to learn the bass guitar and share his baritone vocals to the harmonies as well. A band was born.

They practiced wherever they could, in Mike's basement or Paul's car, a big 1959 Chevy Impala, learning songs and rehearsing harmonies. Thus, their musical journey began with their first band, *Cellophane Spoon*. They were all passionate about playing and creating music, heavily influenced by the British invasion, with the Bee Gees, Hollies and the Beatles! They played at basement parties; impromptu concerts; exclusive gatherings; local parks and school shows. For three summers they played at the Marina at Kenesis Lake, Haliburton entertaining the crowds on weekends and building a strong following.

In April 1971, they changed their name to **Wednesday**, and in late 1973 they released their second single "Last Kiss" which hit #1 on the Canadian Billboard Hot 100 early in 1974, and stayed there for 6 weeks. This earned them an *RPM Maple Leaf Award* (the precursor of *Juno*), a gold record in 1974, and several *Juno* nominations. Subsequent releases followed: Teen Angel; Here Today, Gone Tomorrow; Loving You Baby; Fly Away; and, She's A Woman. Many made #1 in North America, and all held top ten chart positions in Canada, US, Australia and several European countries!

Their debut album was released in 1974, which reached #7 on the Cashbox top 100 chart. Followed in 1976 by their 2nd album: Loving You Baby, which hit No. 17. This album went on to produce four more charted hits, including **Doin' The Best That I Can**. Their third album I

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Nearly Made It With You was released in 1977. In September, 2022, Wednesday was inducted into the OMA Hall of Fame with a "Lifetime Achievement Award"!

Although they are no longer together as a band, they reunited briefly in 2003 and 2017 (Haverock Legends of Classic Rock Festival) for several successful concerts. Mike also played solo at the Tartan Tavern in Oshawa for 5 years in 1980 and then played with Randy Begg in the band "Free Range Chickens". For over 30 years Belmont Lake has been entertained by Wednesday at their annual outdoor birthday gettogether (Rock the Dock) for Mike where Mike is happiest! Randy Begg suddenly died and Mike lost his musical inspiration and gave up playing. John Deshane convinced him to get together with his good friend Steve Tustin (musician); invited him to his annual get together and thankfully, Mike began playing again!







ROAR OF THE

Sunday February 18th Havelock Lions initiated "CLUB SODA",

a teen dance for 9-15 year Olds. DJ Smooth Top volunteered his

services and rocked the Lions Hall for 2 hours. Very well received by

the young people of the town.

Monday February 19th Family Day - The Lions held their annual

Family Day Celebration. Bringing family together with "Teddy Bear" Pancake Breakfast, crafts and All You Can Eat Spaghetti and

meatballs for dinner.

Thanks to all for spending your Family Day with us. Special Thanks

to all the volunteers that make this possible.

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March 2024 Page 10 Edition 57

LIBRARY NEWS By Nancy Law, Havelock-Belmont-Methuen Public Library

Looking for something to do during March Break? The Havelock Library will be offering a beginners knitting class for kids. This will be on Thursday March 14 from 2-4pm. You must pre-register for this free event. Another activity you might want to do as a family is going on a nature walk. Both Libraries have great resources such as The Big Book of Nature Activities plus other books on this subject. You can go exploring the local Provincial Parks. Both Libraries do have park passes that library card holders can borrow for a day trip into these parks. If the weather is not so great check out our new Online Resource "Just For Kids Streaming Collection" which has educational videos and songs, games, and other interactives that are sure to entertain, educate, and inspire young kids. Maybe you can learn a new language.

Please remember to check out our webpage at hbmlibrary.on.ca our Facebook page or call us for more information and to reserve a place for the knitting class at either Havelock Library at 705-778-2621 or Cordova Library at 705-778-2721.

ENVIRONMENTAL TIP OF THE MONTH

By Larraine Roulston

GEARING UP FOR SPRING: If sourcing an electric bike (E-bike,) researching the proper one for your needs is

key. Be wary of inexpensive options; rather, aim for safety and durability. A good quality E-bike can retail between

\$3-6K. Since obtaining an E-bike is an investment in both money and lifestyle, it would be wiser to purchase one from a reputable bike shop.



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March 2024 Page 11 Edition 57

SEED STARTING 101

By Kathy Reid. Norwood and District Horticultural Society

It may come as no surprise that more people are interested in growing some of their own food. This journey can begin right at home by starting plants from seed. To get started, here are a few things to keep in mind.

- * Make sure that you have clean containers you may want to wash them in soapy water with a bit of added bleach.
- * Use a soilless mix a combination of peat moss, perlite and vermiculite.
- * The reverse side of the seed packet will suggest when to sow the seeds, for example 6 to 8 weeks before the last frost.
- * Many seeds need warm soil to germinate and a heat mat can provide this.
- Now, they need light for photosynthesis (growth by transforming radiant energy into chemical energy (food for the plants). If you place

them in front of a sunny window, they will grow but become leggy and weak. Consider using artificial lights such as a pair of florescent tubes with one "cool white" and one "warm white" tube. The lights should be suspended 6 to 8 inches above your plants as they grow.

These simple steps can help you get started. Several of the items mentioned can be purchased at your local hardware store.

By the way, the next meeting of the Norwood and District Horticultural Society takes place on Tuesday, March 12, 2024 at the Norwood Legion. The guest speaker is Carson Arthur, Landscape Designer and Horticultural Writer and TV Presenter. Carson will help us understand the needs of plants and vegetables as they grow and how to read between the lines on products to help you grow your plants successfully. So, join us for "The Dirt on Dirt" ~ Doors open at 6:30pm and the meeting starts at 7pm. See you there!



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Thurs & Fri 8:30am-4pm Sat 8:30am-3pm See our Website for Sourdough Bread-Making Workshop Dates



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SPORTS

HAVELOCK HAWKS

Bv Keri Toms

The Results from the afternoon are:

U13 Hardest shot

1st Angus Toms 72kmh 2nd Douglas Bayne 53kmh 3rd Ryder Brunette 51kmh

Long shot elimination

U9 Cheyenne Gronross
U7 Leopold DeMille

One on one

U13 Alex Hamilton 1 goal
Fastest times no goals
Angus Toms
Kaelyn Chambo
U9 Cheyanne Gronross 1 goal
Fastest times no goals
Wyatt Vineham

Goalie TJ Arundell 40 saves of 42 shoots

Fastest skater

Cooper brunette

U13 Angus Toms 15.96 sec
Liam Chombo 19.07 sec
Alex Hamilton 19.19 sec
U9 Cheyanne Gronross 18.43 sec
Thomas Stevenson 19.92 sec
Josh Baldock 25.11 sec
U7 Bryson Colley Leblanc 25.39 sec
Wyatt Middleton 25.83 sec
Mitchell Hamilton 26.29 sec
U5 Brantley Tilley 48.74 sec

U7 Obstacle course

Bryson Colley-Leblanc 25.39sec Wyatt Middleton 25.85sec Dekker Cagliostro 37.75sec Havelock Minor Hockey has had another busy month!

The U7 Hawks have been working hard while on the road and on home ice. Vimy Ferguson and Leo DeMille have done an awesome job sliding into the role of goalie this month. The Hardest Working Player recipients have been Briar King, Wyatt Middleton and Max Mahoney. Their last home game will be on February 28 at 6:30 against Brighton.

Back in January our U9 Team hosted a successful home tournament and later competed in a tournament in Apsley. They finished as "C Finalists" for both. Players of the game were Lincoln Hall, Daxton Whitmore and Cheyanne Gronross. This team also continues to rotate goalies. Thanks to Wyatt Vineham, Lincoln Haney and Kohen Chappel for playing hard between the pipes. MVP awards went to Bowyn Brown, Silas Gerow, Josh Baldock, Evelyn DeMille, and Cheyanne Gronross.

The U13's travelled to Grafton for a tournament on February 3. They played hard and skated away as the "B Finalists". They've now entered into their second season and have been keeping us on our toes with some exciting hockey. They came up short with a loss to Bancroft and battled for a close 6-5 loss to Warkworth.

During the Fire and Ice Event, HMH held an All-Star Skills Competition. It was an exciting afternoon for our players. A big thanks to everyone that came out to watch!

For an up-to-date game schedule for all of our teams, please check out our website: havelockminorhockey.com.







WILD GAME DINNER

By June Keating

The Wild Game Dinner held by the Friends of Havelock Scouting was once again a success. Guests enjoyed a variety of dishes containing moose, venison, bear, turkey, and grouse prepared by Lorne Benjamin, Joe McGowan, Jacob Benjamin, and Alex and Karen Nagy. A silent auction raised additional funds thanks to the generous donations from the community. Auction items were donated by Havelock Foodland, Belmont Lake Brewery, Havelock Guardian Pharmacy, Woody Burger, Back Alley BBQ, Don Radnor, Tim Horton's, Allison Rutherford, Louise Bray, Lorne Benjamin, June Keating and Debbie Ottley. The winner of the 50/50, Alex Nagy, kindly donated the money back to the cause. Thanks also go out to the Lion's Club for their help with the event. And last but not least, thanks to the people who helped in any way to make this event a success, including the set up and clean up.

Thanks to the generous donations of the community, all youth are able to participate and enjoy the rewards of the scouting program.

RECIPE

March 2024

LEFTOVER TURKEY NOODLE CASSEROLE

By Kathy Clement

- 4 cups uncooked egg noodles
- 3 cups leftover chopped up turkey
- 1 small pkg. frozen mixed vegetables, thawed
- 1 can cream of chicken soup
- 1 cup sour cream
- 1/3 cup milk
- 1-1/4 tsp dried thyme
- 1/2 tsp. dried sage
- Salt and pepper to taste
- 1/4 cup shredded or grated parmesan
- 1-1/2 cups shredded mozzarella cheese divided

Cook the noodles according to directions. Drain well

While noodles cook, place the soup, sour cream, milk, sage, thyme, salt and pepper, parmesan and 1 cup of the mozzarella in a large mixing bowl. Stir until combined. Add turkey and vegetables and stir to combine. Add hot drained noodles and stir again to combine.

Spoon mixture into a greased 2 quart baking dish. Sprinkle with remaining ½ cup mozzarella.

Bake at 350 for approx. 25-30 minutes or until heated through.

TOONIES FOR TUMMIES

on now at Foodland until February 29th.

All donations go to HBPS, and last year \$3675 was
raised in the 2 week period.



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BENEFIT DANCE

FOR SCOTT & MICHELLE HEIKAMP CHARD

March 9, 2024 from 9pm-1am, Havelock Community Centre \$15 per ticket or \$25 for 2.

For tickets contect deeernie@hotmail, Ernie Hamilton, Krystal Finch, Shannon Case, Corrine Mueller-Leavitt or Joy Simpson.

ON THE MOVE

By Sandra Caswell



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COUNCIL CORNER

By Donellda Fraser

Meeting held on February 6 and 20, 2024.

- On going discussion regarding the Fish Hatchery Rd. With no definite answer to the solution. Request that a delegation be sent to the Good Road Conference along with a request for delegation with the Province for further clarification. Deputy Mayor and a councillor have formed a delegation to go for the day. Motion carried.
- Josh Storey re Surplus equipment for sale. The items Dodge Ram long box put up for sale, Zero Turn lawnmower. Both these coming under asking price so withdrawn. Zero Turn after lengthy discussion has been removed and will remain in the fleet. Lawnmower has been sold. Motion for Truck only to be re-posted for sale, motion carried.
- Ray Haines Fire Chief Re: Communication Sevices Agreement informing Coucil about the emergency dispatching agreement with Peterborough
 and surrounding municipalities has been in place since March 2009. Informed council that the cost of this service has increased by 33%
 as significant changes have occurred such as Next generation 911, dispatcher certification/professional requirement, Coroner Inquest
 recommendations. Cost to HBM Township this year is \$42,223.95 and will rise each year over the course of a five year term. Several comments
 and questions asked and answered. Carried.
- Delegation Bill Reid Chair of Methuen Lake Cottage Association. Spoke in regard to the level of maintenance on Sandy Lake Road being classified as a level 6. Requesting that the winter maintenance be upgraded to a Class 5. Stating that the road is rutted and due to weather conditions gets more rutted over the course of a winter. Which can eventually lead to damage to vehicles that travel this road. Councils responses by saying the Roads Study is to begin sometime this year. Motion made to receive and carried.
- Peter Lauesen Road Manager requesting approval of the new oversize storm sewer from Peterborough County to Havelock Belmont Methuen
 Township. This will replace the backyard sewer system we have now. Councillor Doherty ask "when is this transfer taking place is it now or after
 the work on George Street is complete." Lauesen's stated it would be now. Lengthy discussion ensued before it was carried.
- Tax increase for 2024 has been set at 4.2%.



FIND THE SHAMROCKS

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The February winner of the snuggly donated by Miz is Beth Brett.



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Contact us to add your classified ads to this section. The rate for buy and sell classifieds is \$25.00 for 25 words. Obituaries are \$40.00 for 60 words. Births are \$10.00 for 45 words. Announcements (marriage, graduation, retirement, etc.) are \$50.00 for 60 words. We need to receive your ad by the 15th of each month to ensure inclusion in the next month's edition. Send submissions to havelockrail.classifieds@gmail.com

50TH WEDDING ANNIVERSARY

DON AND LINDA WRIGHTLY: The family would like to invite you to CELEBRATE with them. Havelock Legion, April 6th 2024 at 7:00pm. Best wishes only.



Please note this was sent to publication as of February 22nd, 2024

OFFICE CLOSURE:

The Township Office will be closed on Friday, March 29th for Good Friday and Monday, April 1st for Easter Monday. Enjoy a safe and happy Easter weekend!

COUNCIL MEETING SCHEDULE:

Please note all meetings are held in person within the Council Chamber and via video Conference. All meetings will begin at 9:30 am unless otherwise advertised.

- Tuesday, March 5, 2024 Regular Council Meeting
- Tuesday, March 19, 2024 Regular Council Meeting Meeting dates are subject to change, please visit the Township Website www.hbmtwp.ca for more information.

2024 INTERIM TAX DUE DATES:

Interim Property Tax bills were mailed out in February, please contact the office if you have not received your bill by March 15, 2023.

First Installment Due: Thursday March 28, 2024 Second Installment Due: Friday May 31, 2024

2024 DOG & CAT TAGS:

Dogs and cats within HBM Township require registration. Dog and Cat Tag renewal invoices were mailed out in January and the licensing renewal deadline is March 31, 2024. Dog and cat licenses can be purchased at the municipal office at anytime. Please see the township website www.hbmtwp.ca for the fee schedule.

FOLLOW HBM ON SOCIAL MEDIA FOR NEWS AND UPDATES!



REDUCED LOAD RESTRICTIONS:

Half load restrictions for HBM Township were in effect starting March 1st and will continue until April 30th. The restrictions apply to all HBM Township-maintained roads and are subject to change. Please follow the township's social media accounts (Facebook, Twitter), as well as electronic sign notices.

Public Works staff will continue to monitor weather and road conditions, they may need to introduce half-load limits early if we experience unseasonably warm weather and thaw. Roads are most vulnerable to heavy vehicle damage during the thaw and load restrictions help to minimize that damage. During the restricted period, vehicles will be limited to 5 tonnes per axle, and there is limited truck and transport access to these areas.

MARCH BREAK SKATING AND PUCK & STICK SCHEDULE:

Over the March Break, the HBM Community Centre will be holding Free Family Skating and Free Stick & Puck sessions. These free sessions are made possible through the generosity of local sponsors and a complete listing of sponsors will be provided in the April H-B-M Happenings newsletter.

Date	Free Family Skate	Free Puck & Stick
Sun. Mar. 10	1:00 – 2:00 pm	-
Mon. Mar. 11	1:00 – 3:00 pm	3:00 - 4:00 pm
Tue. Mar. 12	1:00 – 3:00 pm	3:00 - 4:00 pm
Wed. Mar. 13	1:00 – 3:00 pm	3:00 - 4:00 pm
Thu. Mar. 14	1:00 – 3:00 pm	3:00 - 4:00 pm
Fri. Mar. 15	1:00 – 3:00 pm	3:00 – 4:00 pm

PAINT THE ICE EVENT:

On Saturday, March 30th, come and enjoy the end-of-season PAINT THE ICE event at HBM Community Centre (arena) from 12–2pm. This is a two (2) hour event that takes place right after the last free public skating. Admission is FREE, as well as paint and paintbrushes will be provided. The Arena Canteen will be open. If you have your water-soluble paint and favorite colors, you are welcome to bring those to the event.

COMMUNITY CALENDAR OF EVENTS

A List of Local Events in Your Community

MONDAY

Community Care: Seated Yoga every Monday at noon (17 Smith Dr.).

Community Care: Blood Pressure Clinic March 4 & 18, 9:30-10:30am.

(17 Smith Dr.).

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Seniors: Chair Yoga 11am-12pm. \$5.

Havelock Seniors: Drop in for a Light Breakfast 8-10am donation only.

TUESDAY

The Legion: Zumba exercises for seniors, 9:30-10:30am.

The Legion: Cardio & Weights 10:45-11:45am (bring your own weights).
Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Seniors: Drop in for a Light Breakfast 8-10am donation only.

Havelock Seniors: General Meeting March 5 at 10am.

Havelock Seniors: Regular Euchre from 7-9:30pm (bring a snack to share).

Havelock Centre: Laugh N Learn Playgroup every Tuesday, 9:30-11am.

Snacks & coffee provided. (30 George St).

WEDNESDAY

Community Care: Diners Club March 6 & 20. United Church.

Havelock Seniors: Diners March 3 & 27. Please call 705-957-7596 if possible

for seating. \$13.

Havelock Seniors: Drop in for a Light Breakfast 8-10am donation only.

The Legion: Line Dancing from 9:30-10:30am.

The Legion: Cardio & Weights from 10:45-11:30am (bring your own

weights).

The Legion: Body Balance from 11:40am to 12:15pm.

Havelock Town Hall: Weekday Jammers, doors open at 12pm.

Havelock Centre: TOPS (Take off pounds sensibly) 6:30-8pm

(George & Orange St.).

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Cordova Community Centre: Yoga every Wednesday, 5-6:30pm and 7-8:30pm. \$18. Please contact 705-760-1296 for more information.

THURSDAY

Community Care: Foot Clinic March 7 & 21 from 9:30am-12:30pm. Please

call 705-639-5631 to register.

Havelock Seniors: Drop in for a Light Breakfast 8-10am donation only.

THURSDAY CONT...

Havelock Seniors: Chair Yoga from 11am-12pm. \$2.

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Centre: Career Edge Hub 9am-12pm, free drop in employment

counselling & services.

Havelock Centre: Men's Night at 7pm (discussion group with snacks).

Havelock Library: Knitting for beginners (kids) March 14 from 2-4pm Please

contact the library at 705-778-2621 to register.

FRIDAY

Havelock Seniors: Drop in for a Light Breakfast 8-10am donation only.

The Legion: Shuffleboard at 1pm and Darts at 7pm.

The Legion: Blind Draw Double Darts 7pm start, everyone welcome.

Cordova Community Centre: Yoga every Friday 10:30-11:30am.\$18. Please

contact 705-760-1296 for more information.

Havelock Centre: Open Mic Music Night 1st & 3rd Fridays at 6pm. Any

questions please call Rolf at 705-875-8018. (February 2nd & 16th).

Havelock Centre: Second Harvest Food Program 2nd & 4th Friday from

10-11am.

SATURDAY

Havelock Seniors: Bid Euchre Tournament March 2, doors open at 11:30am and food is available S.

The Legion: opens at 1pm and **Meat Draw** at 3pm (8 Ottawa St.).

Havelock Legion: St. Patricks Day Dance March 16 at 7:30pm Tickets at the

door.

Havelock Legion: Easter Egg Hunt March 23 at 11am.

SUNDAY LOCK AREA

Havelock Stone Hall Sessions Concert Series: 4th Sunday of every

month at 2pm (Highway 7 and 6th Line.).

Havelock Seniors: Bingo at 6:30pm, doors open at 5pm, light lunch available.

SUNDAY - CHURCH SERVICES

St. Johns Anglican Church 1st and 3rd Sunday Communion.

Havelock Fellowship Baptist Church 10:30am.

Havelock United Church 10am.

Our Lady of Mount Carmel Catholic Church Mass at 9am.

Cordova United Church 9:30am every Sunday.

Knox Presbyterian Church 11am-12pm.



HAVELOCK RAIL

SERVING THE GREATER HAVELOCK AREA

April 2024 Edition 58

DAFFODIL/VOLUNTEER APPRECIATION MONTH

By Laurie Deshane

April is Canada's Daffodil Month! The Canadian Cancer Society's (CCS) runs their Daffodil Campaign raising essential funds to save lives and improve the quality of life for people affected by cancer. A very important part of these funds support the world-leading work of cancer researchers in Canada. This year, CCS is celebrating its recent investment of \$19.7 million in 46 Challenge Grants, funding the most promising projects designed to solve complex research challenges.

"Nothing in history has reduced the devastating impact of cancer more than research," says Andrea Seale, CEO, Canadian Cancer Society. Funds raised during this year's Daffodil Campaign will support the brightest minds in cancer research."

The *Challenge Grants* support research projects across Canada which will develop solutions with either an immediate impact or in finding ways to solve a larger challenge in the long term. The projects were selected with the input of more than 100 scientific experts, cancer patients, survivors and caregivers.

Research being funded includes: a new sugar-based dye for detecting breast cancer; viruses to prevent colorectal cancer; a blood test to determine if cancer has spread; an app to help young adult cancer survivors; artificial intelligence-aided detection for oral cancer; a study of barriers and inequalities in care faced by Black women with breast cancer; glowing nanoparticles to help surgeons operate more precisely; exploring how diet impacts immunotherapy effectiveness; and more. This

is mind boggling and amazing news for prevention. Go to info@cancer.ca to find out how you can volunteer!

April coincidentally is "Volunteer Appreciation Month" and Community Care Havelock (CCH) honours their volunteers with pins for service and a delicious luncheon. I volunteered with CCH for over 20 years and enjoyed every aspect of my job. I worked in the office and arranged transportation for our seniors to medical appointments; I provided reassurance checks by phone to seniors every morning to see how they are doing. (There are so many seniors living alone and sometimes Community Care could be their only outside connection.) You can organize special events and picnics for CCH. They have a wonderful New-To-You shop that provides the community with gently used clothing and wares at affordable prices. Volunteers run the store, sorting; shelving; cleaning items for sale; as well as selling items at the store. Go to Community Care Havelock on FB for more information or call 705-778-7831.

I volunteered for both of these organizations and found the *Daffodil Campaign* allowed me to meet new people in my community by canvassing door-to-door. I also found *Community Care Havelock* very rewarding: to be able to provide services to assist seniors to live independently in their own homes. As an added bonus you get to meet and make so many good friends!

WHAT'S INSIDE

Check out what's happening in your community

Look for news and updates from local community groups

H-B-M Happenings on page 19

Check out local businesses



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If you have news stories, advertisements, announcements, classified ads or coming events, contact the appropriate email address above or mail to PO Box 660, Havelock, K0L 1Z0

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SUBSCRIPTIONS

The Havelock Rail is distributed free of charge to all K0L 1Z0 postal codes. Distribution outside of our postal district is significantly more expensive so we must charge a subscription fee. If you would like to receive the Havelock Rail in your mailbox, contact us and we can arrange delivery. There will be an annual fee of \$36.00 for 12 monthly editions.

ELMER'S EDITORIAL

While Canada has over 20% of the world's fresh water, we are not the only people to recognize our important resource. In the 1960's, the North American Water and Power Alliance put together a proposal to divert the flow of the Fraser, Peace, Saskatchewan and other rivers to flow south and become part of a trans American canal that would divert water from the Great Lakes to the mid western USA. Needless to say most Canadians were not thrilled to see Canadian fresh water flow to the US. Prime Minister Pearson found the proposal interesting but other Canadians including Maude Barlow and the Council of Canadians launched a vociferous campaign to SAVE OUR WATER.

During the free trade negotiations, the Americans wanted water included in the deal. Prime Minister Mulroney, who gave up our auto manufacturing, to his credit, refused to allow water to be part of NAFTA. Since NAFTA was signed the idea of diverting our water south has subsided but that is all about to change. Farmers and towns have been sucking almost all of the water from the Colorado River and they are pumping the two large mid western aquifers to alarming low levels. In one Arizona town the water table in 1990 was 154 feet below ground and in 2023 it was over 540 feet below ground. With climate change and reduced precipitation in some areas, the aquifers cannot refill so we can expect Americans will be back looking for our fresh water.

In the Greater Havelock Area, we may feel removed from our neighbour's water woes but we should take notice and not waste the precious water we have. Two different rural citizens recently expressed concerns that their dug wells may be dry even before summer. We have had very little snow to melt and reduced rainfall to maintain our water table.

At a recent water conference, I heard the word cistern, not something I have heard lately. Growing up on the farm, we had a cistern to catch water for washing, bathing, cleaning, watering plants etc. I am not suggesting we should start putting in cisterns, but we could start using rain barrels to supply water for our plants and gardens.



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FRIENDS OF HAVELOCK FUNDRAISER BOOK SALE

By Paul Stevens

The March issue of the Rail has a short article about the coming Friends of Havelock Annual General Meeting. The "Friends" is a non-profit corporation seeking status as a charitable corporation. Its goal is to raise funds that can be invested and have returns on investment cover the costs of printing and distributing the Havelock Rail, and eventually provide for grants for youth and seniors organizations situated locally.

HAVELOCK FARMER AND ARTISAN MARKET

The Farmer and Artisan Market is accepting online applications for the 2024 market season which runs from Friday May 17 to Friday October 11. Go to "Havelock Market" to complete an application and get more information about the market.



Saturday May 11th is Celebrate Havelock at the Arena from 9-4.











THE BRANCH RANCH

By Brooke Wrightly

Jess York (Hill), daughter of Philip and Diane Hill, was born and raised in Havelock Ont. Jess married her husband Chris and now lives on a farm, north of Warkworth. The couple operates **The Branch Ranch**.

The business was founded by two women with backgrounds in Horticulture and Art, blending nature and creativity by combining a sustainable, natural medium and an ancient craft.

"The original owners were kind enough to share their love of willow and the craft with us, and that's how we landed here, in the land of growing willow and Willow craft. My own interest in willow began with the love of living willow trees and structures. I have always been inspired by the diversity of willow craft, and The Branch Ranch allows me to combine many things I love - the outdoors, crafting, and teaching. The Branch Ranch has been offering workshops year round in basketry, garden ornaments, bird feeders, and decorations for some time, it's one of the things we are so well known for. I love that people join us for the day with no prior weaving skills, and they leave the farm with a beautiful and unique item that they created themselves!"

For our serial weavers, we offer projects that allow them to hone and develop their skills in this ancient craft! We occasionally offer workshops not related to willow as well. No matter who you are or what your skill level is there's always something new and exciting to learn (myself included)!

The couple also offers dried basketry willow for sale across Canada and the US.

In the coming years we will offer living willow tree workshops as well as living willow structures for sale just like the ones at Percy Centennial Public School and many other local schools. These structures and trees are available in the spring only.

We have also revived the Christmas sale! The sale, will offer gifts and unique festive winter planters.

"We are so proud to be part of this amazing community, and we can't wait to connect with you and share our love of this craft," says Jess.





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HBM STRATEGIC PLAN PUBLIC MEETING

By Paul Stevens

On February 27th HBM held two public meetings to give residents an opportunity to speak up on the kind of place they want HBM to be. The meetings were organized by Praxis Consulting and facilitated by Valerie Sluth, the CEO. Members of the public who attended were asked to take a spot at one of the groups of tables that were set up. There was room for 4 or 5 members of the public at each table and each table had an HBM staff member to take notes and record the comments of the public sitting at each table.

Valerie walked attendees through the Strategic Planning survey that had been provided by Praxis and available online to the public until late in February. Each question or option presented in the survey was discussed by table participants and their responses were recorded by the HBM staff record that was taking notes. There were typically three available responses to each survey question covering a range of positions. The meeting attendees were shown

the results of the crowd's selections and after that was displayed they also were shown the results of the online survey, current to that evening.

The whole process proceeded quite smoothly and, based on the comparison of online survey results to the results from the round table discussion, seemed to do a credible job of tapping into the public's feelings. Having note- takers at each table ensured that more nuanced opinions were collected than would have been possible from the relatively straightforward survey itself.

Participating in the strategic planning meeting and completing the online survey was a great way to let the township and village staff know what kind of community we most want. Kudos to HBM and to those members of the public who took the time to make their wishes known. We can now look forward to the completed version of the plan sometime later this year.



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BLAH BLAH... CLIMATE CHANGE...

By Sandra Caswell

It's easy to block out the onslaught of news that comes at us on any given day. Why listen to or read something that's going to bum us out? Well, the folks at 4RG (For Our Grandchildren) in Peterborough know that it's not all doom and gloom when it comes to climate change. That is why 4RG focuses on encouraging news stories, stories that show the progress that is possible when big or small actions are taken.

Like... did you know that China added more solar panels in 2023 than the US has in its entire history? Or that Canada's Building Trades Unions introduced "Building it Green", Canada's most comprehensive climate-focused education curriculum for the building industry? And that Ontario has set a procurement target of 5,000 megawatts of new non-emitting wind, solar, hydropower or bioenergy capacity over the next decade? In Peterborough, the city's first zero-emissions fire hall is slated for completion by the end of 2024.

There is no denying much is needed to alter the earth's climate change trajectory. 4RG doesn't shy away from pointing out where more action is

needed from individuals, companies, and local levels of government. 4RG's approach is to work with, not against, and as such it is a wealth of practical advice for getting involved and doing little things that all add up to a lot.

Check out forourgrandchildren.ca and sign up for the newsletter or attend a monthly meeting to learn more. I don't think you'll find a reason to tune them out





COMMUNITY VOLUNTEER INCOME TAX PROGRAM (CVITP)

It's that time of year when we need to start thinking about a task many people dread, filing our income taxes. Once again the CVITP will assist those who qualify to file their returns electronically with the Canada Revenue Agency. This service is free.

To qualify you must have an income of less than \$35,000 for a single person or \$45,000 for a family. This program is available to those with a simple tax situation such as social assistance recipients, newcomers to Canada, indigenous persons, seniors and students. We cannot help people with complex situations such as those with business or rental income, those who are self-employed, or who report capital gains or employment expenses, those who have filed for bankruptcy, or for deceased persons.

When you attend a clinic you will need all your tax related documents (T-3, T-4, T-5 etc.) along with rent receipts from your landlord or property tax information from the township. There are a couple of simple forms you must complete. Then you come back in a couple of weeks to pick up your documents and the information regarding your return.

The Clinic will be held at the United Church on Mondays from 10am to noon on April 8th and 22nd. Please be aware the clinic on April 22nd is for pick-up only.

farrell.masonry@hotmail.com

VOLUNTEER PETERBOROUGH HELPING HAVELOCK

Over the past three years, more than half of Ontario's agencies and volunteer boards of directors lost a drastic number of volunteers. Sadly, 40% of them still experience difficulty getting people to come back. That reflects the reality in Havelock as well.

At the same time, entire groups of new residents, recent retirees and young people seek ways to get involved as volunteers. But there is a disconnect.

When Volunteer Peterborough met with focus groups earlier this year, they say they encountered multiple barriers to volunteering. Primarily:

- · Lack of a central database
- Lack of a specific role with a specific timeline or specific project with an end date.
- · Insufficient promotion within the community.
- · No one "asked."

WHAT'S THE CURE? VolunteerPeterborough.ca works like a dating app to align people more quickly with the right tasks and the right nonprofits to match their interests. Our site invites people to sign up as individuals or to register their organizations. Once a non-profit passes our screening, you can post roles and events, which we promote via our newsletter, social media posts, etc. so you get in front of more people.

At this point, we have signed up 540 volunteers and 90 organizations; those numbers grow every week. And we're just getting started.

We offer an innovative, community-based, low-cost, high ROI solution to a pressing problem.

HOW CAN YOU HELP?

- · Keep volunteering.
- Invite others to do the same. Make volunteering contagious.
- Become part of our volunteer movement. Sign up your non-profit and post jobs so we can make even more matches.



We invite groups and individuals from everywhere within the Peterborough region to join our volunteer movement. Join anytime!



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CORDOVA CORNER NEWS

By Laurie Deshane

On Sunday, February 18th, there was a good snowfall, just in time for *Cordova Mines Recreation Association* to host their second annual Family Fun Day! The day started with a delicious breakfast of pancakes (including gluten-free) with bacon and sausages. After breakfast, there were outdoor games, a bonfire with hotdogs and marshmallows, and a colouring contest. Many thanks to all of the volunteers and special thanks to the community for your continued support! Everyone had a blast and they can't wait to hold another Family Fun Day next year! Congratulations to Nancy Grozelle and Clare Matthews on a successful day!

The Cordova Mines Recreation Association will be hosting a **Spring Dinner** on Saturday, April 27 at 6:00pm; cost is \$20.00. Everyone's favourite: Ham and Scalloped potatoes and baked beans! There will be a cash bar, 50/50 tickets and door prizes. Tell your family; tell your friends: support the Cordova Mines Recreation Association! Call Lisa Howie at 1-613-472-3650 to reserve.

We just finished another great meal on March 16 hosted by the *Cordova Mines Recreation Association* to celebrate St. Patrick's Day. Sharon Haines and her team created an authentic Irish feast; Irish stew was the main course and it was a full house that enjoyed this delicious meal! I just

want to acknowledge all of the work that goes into having a meal such as this: Shopping; prepping days before; setting tables; getting permits; and finally, preparing the meal and serving. Then there is the enormous cleanup that is required! So I am sure that the community is with me when we say we really appreciate the commitment, time and work from all of the volunteers to achieve this awesome professional dining experience!

Did you notice that there have been people working at the Cordova Outdoor Rink? With funding from Ontario Trillium, The Havelock Belmont Methuen Township was able to obtain funds to renovate the outdoor rink. They are replacing the fence boards and are installing a cement pad so the rink will be easier to flood each year. But as an added bonus you can use the pad in the Summer/Fall months for Pickle Ball or any other activity you might want to explore. This is great news for the Cordova Community. Be sure to check it out this summer!

We should be extremely proud that The Havelock Township Council has been working diligently to assist both Havelock Belmont Methuen Township and Cordova in obtaining government funding to acquire equipment and resources to better our community!













FERAL CATS By Paul Stevens

Andrea Thomas is an in-home dog trainer and owns and operates K9 Manners. She moved to Havelock a couple of years ago. While taking her own dogs out on walks she couldn't help but notice numerous cats outside in the evening. She would see them through the winter as well. As she became familiar with her neighbours and made friends the subject of outdoor cats would come up periodically. Andrea is trying to do something about these cats. Many of the cats that Andrea saw were feral. That is cats that had been abandoned by their owners. Feral cats can become a problem when their numbers grow too large, as Andrea discovered when she started doing research into how other communities were dealing with the issue.

Feral cats form into colonies. An abandoned building or shed attracts large numbers of the felines, but in large numbers diseases can spread more easily. A female cat can have a litter at 4-5 months, have 4-5 kittens and have 3 litters a year. The risks to people's canine and feline pets increase. Young children who are attracted to young kittens like iron filings to a magnet are at increased risk as well. A 2013 research paper written by Peter Blancher estimated cats (mostly feral) killed between 100 and 350 million birds annually in Canada.

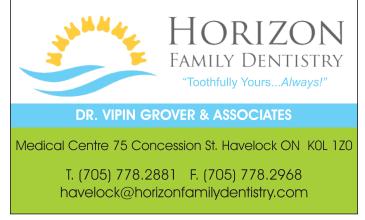
Andrea's research identified the Trap, Neuter, Return (TNR) methodology, recommended by "Operation Catnip" as the most reasonable solution for Havelock. And that is the one she recommended in her presentation to

HBM Council recently. After listening to her presentation, Council received a motion directing her to form a committee to meet with the Townships Bylaw Officer.

Andrea knows there is much work to be done. Volunteers are needed to help with live trapping the cats, transporting them to clinics for neutering, caring for them for the few days after the procedures and providing shelter during winters harsh weather. People are needed to manage social media announcements when cats are available for adoption, and people to engage in fund raising to pay for the medications and food for the cats. Ideally Andrea would like to see ongoing funding provided by the Township. Having a well functioning organization that is working to manage the problem is a first step. She has started a GoFundMe Campaign called Homeless and Feral Cats Havelock. You can donate or find out more about her efforts there. Adrea has already generated local and regional interest in the campaign. Her presentation to Council was picked up and reported on by the Peterborough Examiner. That article was noticed by the CBC who interviewed her on the January 19th episode of Ontario Morning. The HBM Council meeting is on YouTube at https:// www.youtube.com/watch?v=kbeK8YEpTcY. The CBC interview can be found on Google if you search for "stray-cats-overwhelm-havelock".

Andrea has started a Facebook Group for those interested in learning more. HBM Strays & Ferals - Have a Heart Group.







LIBRARY NEWS By Nancy Law, Havelock-Belmont-Methuen Public Library

Mark your calendars, the Havelock Library will be hosting Birds of Prey on Saturday April 20 at 2:30pm. This is a wonderful opportunity to learn more about raptures brought to you by husband and wife team Matthew and Kristin Morgan. The Morgan's are very knowledgeable about these birds and will share this with us. Check out their website www.theeyrie.ca to learn more about the Morgan's. Don't forget, you will need to contact either library to reserve your seat. Also you can go to our webpage and check out our online resources with either Britannica Library or World Book online to learn more interesting facts on Birds of Prey or something else that you might be interested in.

Come in and check out the latest books, including James Patterson, M C Beaton, and Nora Roberts. Don't forget to check out our webpage hbmlibrary.on.ca or our Facebook page for other happenings at the Libraries and contact either Havelock at 705-778-2621 or Cordova at 705-778-2721 to reserve your seat for the Birds of Prey.

ENVIRONMENTAL TIP OF THE MONTH

By Larraine Roulston

EFFECTIVE WAYS TO WASH PESTICIDES FROM FOOD: Rinsing pesticides from fruit/veggie grocery stores under running tap water is the most common practice; however, in our world of continued pesticide use, we should become extra vigilant. It is more effective to use a bowl of water and include a bit of salt, vinegar, or baking soda to wash fresh produce and let soak for 15 minutes, then rinse.







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SEED STARTING 101 - PART 2

By Kathy Reid, Norwood and District Horticultural Society

Congratulations on beginning your seed starting journey! Next task – transplanting your seedlings into larger containers.

- The first leaves that appear are called cotyledons and are usually very simple in appearance. When true leaves appear carefully lift the seedling out of the container using a popsicle stick or small spoon. If you have planted more than one seed in the container you will need to gently separate the seedlings making sure to not damage the roots.
- It is best to hold on to the leaves, rather than the stem, when transplanting into a larger container. If you break a leaf, another will grow, but the same cannot be said about the stem.
- Once in their new container, the growing mix will now dry out quite quickly (it will go from dark brown to pale brown).
 When it's dry, pour lukewarm water into the tray and let your

seedlings soak up the water they need.

- Continue adjusting the artificial lights, suspending them 6 to 8 inches above your growing plants.
- As the planting date approaches, you will need to harden off your young plants. This is easily accomplished by placing them in a sunny, protected area for a couple of hours each day, exposing them to the natural environment until you are ready to plant them in your garden.

Be our Guest: The next meeting of the Norwood and District Horticultural Society will feature "Tips and Tricks for Pruning Trees" with Doug Andrews, an avid gardener and member of the NDHS. Join us, Tuesday, April 9, 2024 at the Norwood Legion. Doors open at 6:30 p.m. and the meeting starts at 7:00 p.m. See you there!



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MAYOR MARTIN AND CLIMATE CHANGE

By Sandra Caswell and Larry Pick

The Havelock Rail sat down with Mayor Jim Martin in late February to hear his thoughts about climate change, what HBM is doing to reduce greenhouse gas emissions, and ideas for the future.

As a fellow citizen, Jim Martin is aware that climate change is something everyone needs to focus on. At home, Jim's household recycles, composts (with the FoodCycler), and is ever vigilant to lights left on in empty rooms and the thermostat inching upward.

As Mayor Martin, he tries to bring a climate change lens to his council deliberations. And over the last few years, past and present councils have implemented numerous initiatives that produce less pollution or use less energy, including:

- All township streetlights and municipal building lights were converted to LED bulbs.
- Ongoing wastewater plant retrofits & upgrades resulting in more effective and energy efficient treatment of the town's wastewater.
- As garbage is one of the leading contributors to greenhouse gas emissions, the township has focused on promoting composting & recycling; installing compost bins at transfer stations; introducing clear bag requirements; and supporting the onsite charitable can/ bottle recycling program.

- Storm Preparation Fund established after the 2022 Derecho to help with that cleanup, and support the township in future storm situations.
- Environmental Grants available to local lake associations to support shoreline protection, water testing and environmental education.
- Bi-annual Tree Planting Program the township gives away trees for local planting (next give away is Fall 2025).
- Sponsored the FoodCycler subsidy program.

There is certainly a lot to be proud of here. But Mayor Martin knows there's so much more that could be done, one day: converting the township fleet to e-vehicles where possible; installing more EV charging stations (did you know there's already one by the Petro Canada? That was news to me!); and keeping watch for federal & provincial funding programs that help homeowners improve the energy efficiency of their homes.

These are just ideas so don't go calling the Mayor's office to find out when they'll be implemented. Mayor Martin would like to see more ideas and momentum and more involvement from individuals. No one level of government or one person can make all the difference, but collectively so much can be accomplished. As Mayor Martin says, changing the tide of climate change will need the collective efforts of the many; even small actions will important.







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HAVELOCK SENIORS CENTRE - OPEN HOUSE -OPEN FOR BUSINESS BOMBSHELL MINISTRY ANNOUNCEMENT

By Laurie Deshane

In the past years, as I have walked down George Street, I noticed that the Seniors Centre's spacious facility was under used! When I worked across the street in the late 90's and early 2000's there was so much activity that you were unable to find a parking spot. But most recently, I have now noticed some hustle and bustle on George Street; it seems the Seniors Centre has been busy finding programs to encourage seniors to attend.

In November 2023, Mary Pequegnat was elected President of the Seniors Centre. She has made it her mission along with dedicated volunteers to bring the Centre back to life! They are offering Luncheons every 2nd and 4th Wednesday of the month (full meal with coffee/tea). There is a Morning "Drop In" with a light breakfast and coffee from 8-10am Monday to Friday (donation). There is Chair Yoga every Monday and Thursday; Line Dancing on Fridays! They have Floor Shuffle Board and Euchre. Sunday Night is BINGO! The list goes on! Through government funding they were able to hire a Program Coordinator, Edna Latone for a 1 year contract. Her mandate is to increase active programs for seniors in the community partnering with local organizations to combine resources! I think it's working!

There was a surprise announcement from the Ministry at the Seniors Centre Open House on March 14, 2024!

The Honourable Raymond Cho, Minister for Seniors and Accessibility, Member of Provincial Parliament Dave Smith, Peterborough-Kawartha, Peterborough County Warden Bonnie Clark, Havelock-Belmont-Methuen Township Mayor Jim Martin, local dignitaries, and Township representatives were in attendance. They were here to celebrate the approval of up to \$65,000 in annual government funding through the Seniors Activity Living Centre (SALC) program for the Havelock Seniors Centre.

This is a landmark decision for Havelock Belmont Methuen Township and a proud moment for the community. Funding allocated annually to the Seniors Centre to increase their membership and presence in the community. There are 360 centres across Canada and the Havelock Seniors Centre has been added to that list. Partnering with local organizations they will be a hub that will be able to provide the township with the best resources for the Centre (SALC). The Seniors Centre has been independently owned and operated for over 36 years; and even

during the COVID pandemic; they managed to stay open; mostly because of their many loyal volunteers. Now that

they are being recognized by the government as part of the Seniors Activity Living Centre Program they can continue to provide programs to their members and the community.

MP Dave Smith was extremely happy and proud to be here to announce that funding will now be available to the Seniors Centre. This means that the government has the ability to find the money for provincial support on an annual basis to help the centre successfully move forward year after year. Warden Bonnie Clark felt very proud to be a part of this and congratulated the Township and Community for this exciting news! She spoke about the advocacy of the volunteers to be able to acquire this funding and the enormous

benefits to the community. Jim Martin, Mayor was beaming with pride as he thanked everyone involved in making this happen. The grant writing process is extreme and intense; and he emphasized and thanked the municipality, staff, Mary Pequegnat, President, Seniors Centre, Edna Latone, Program Coordinator, Shari Gottschalk, Economic Development Officer and everyone else involved who were instrumental in providing their expertise and input to ensure a comprehensive and accurate grant application was

submitted and accepted! As you can see it takes a village to accomplish a feat such as this!

Honourable Raymond Cho, Minister for Seniors and Accessibility was personable, cheerful and very pleased to present this funding to Havelock. Honourable Raymond Cho (87) has been in politics for over 30 years and is the most senior official to ever be elected in the provincial or federal election across Canada. And here he is in our little township advocating for our Seniors. He lobbied hard, along with MP Dave Smith, to provide Havelock Belmont Methuen Township with this funding.

The Open House was a huge success with a full room! Our community should be very proud of this auspicious honour! We are on the map! It's uphill for the seniors from here-on-in. Now it's your turn: support and join the Seniors Club, 50+ years young for only \$15 a year. Check out their programs on FB, call 705-778-2386 or stop in for more information. It's all up to you!

SPORTS

HAVELOCK HAWKS

By Keri Toms

Our Hatchling's hit the ice for the last time back on February 28. This young group had a fun season of learning and growing. Thanks to Coach Jen and our on-ice helpers for leading the way!

The U7 team has also finished up on the ice. They had a great season learning to play the game. The Hawks had fun at their Year End Wrap Up Tourney on March 2. This was hosted by the Centre Hastings Grizzlies. We'd like to say thanks to the U7 Bench staff for an awesome year!

Our U9 Hawks ended their season with a close 3-1 loss against the Lakefield Chiefs. This team worked hard all season.

Our U13's continue to work hard. Although they skated away with a loss against the Bancroft Jets, it was an exciting game with Angus Toms securing his 100th Goal of the season. Way to go Angus! They have one game remaining in their season, facing off against the Chiefs. The last time they met, the Hawks left with a hard-fought 7-7 tie. After that, the

team will be travelling to Bancroft to play in their Wrap Up Tourney. Good Luck!

UP COMING EVENTS AND DATES:

Havelock Minor Hockey Awards Banquet:

Tuesday, April 9 at 6:30pm - Lions Hall

HMH Annual General Meeting:

Monday, April 22 @ 6pm - Lions Hall. Open to the Public

Celebrate Havelock:

Saturday, May 11 - Come see us at Celebrate Havelock

2024-2025 HMH Registration Open: Saturday, May 11

Check us out at Havelockminorhockey.com OR EMAIL us at: Havelockminorhockey@gmail.com.







U7 By Brooke Wrightly

The Havelock Hawk U7 team worked hard during this years season. They opened their year learning skills and practiced hard for the games they began playing in November.

Every player was given the opportunity to take a turn between the pipes. Vimy Ferguson and Leo DeMille shared the goal tending duties for the remainder of the season. A player of the game was chosen each game with the award going to #2, goalie Vimy Ferguson, #8 Mitch Hamilton, #11 Wyatt Middleton, #65 Briar King, #71 Bryson Colley-Leblanc, #87 Dekker Cagliostro, #9 Leopold DeMille, #88 Max Mahoney, #19 McKenna Bull, #91 Bailie Watson and #67 Colt Watson. The team also participated in 2 games in a jamboree hosted by Central Hastings (marmora).

The team was coached by head coach Matt DeMille, assistant coaches Josh Middleton and Jeff King, trainer Mike Hamilton and manager Vicki Blakely.

SPORTS

BEAVERS By Brooke Wrightly



The 1ST HAVELOCK BEAVERS recently had a very fun night working on their Pet Care Badge. Scouter Kim kindly brought poodle Dahlia and her puppies to visit with the group. "We talked about the puppies

and how we were caring for them, how we keep them safe and what they eat," shared scouter Kim.

It was then important for all the youngsters to wash their hands before having the chance to sit quietly and snuggle with the puppies. "Even mom Dahlia was giving out doggie kisses to the kids as she knew her babes were safe!"



Beaver member Hudson used some of the meeting time to demonstrate the robotic hand he has been building at home to work on his independent science badge.



William Weatherup, age 4



Evie Carnrite, age 10

COLOURING CONTEST WINNERS

The Havelock Rail Colouring Contest colouring pages can be found in the Havelock Rail mail box at 35 Concession Street Havelock or online at the Havelock Rail Colouring Contest page on Facebook after the 17th of each month. Completed pages can be submitted on the Havelock Rail Colouring Contest Facebook Page no later then the 15th of the month. There are two winners selected every month in two age categories 2-6 years old and 7-12 years old. Winners will receive a gift card to a local business or a special gift from a local sponsor. We look forward to seeing your entries every month! New pages are available by the 17th of each month.



NORWOOD DISTRICT HIGH SCHOOL HALL OF HONOUR By Rosemary Tom

The Norwood District High School Hall of Honour was established in 1990 to recognize and celebrate graduates from NDHS who have: excelled in their career, contributed to education in their field and/or contributed to their community in significant ways. The inductees are former graduates who have exemplified good character throughout their lives. Hall of Honour inductees are recognized at the commencement ceremony in June providing inspiration for the graduating class.

Hall of Honour inductees must have graduated from N.D.H.S and studied at the school for at least two years. They may nominate themselves or be nominated by a family member or friend. An application package can be requested by emailing rosemary_toms@kprdsb.ca. Submitted packages will be reviewed by a committee who will then select the inductee. Applications will also be kept on file for future consideration. This year's application deadline is May 10th.



FIND THE DAFFODIL

Find the five daffodils embedded in the ads of our supportive advertisers and send your answers to ottleydeb@gmail.com and win six Scones from the Comfort Scone Bakery in Havelock, donated by Debbie Ottley.









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RECIPE

RHUBARB CRISP

By Kathy Clement

· 6 cups rhubarb rinsed and chopped

- 2/3 cup white sugar
- 3 tbsp. flour
- 1/2 tsp. cinnamon

TOPPING

- 3/4 cup rolled oats
- 3/4 cup brown sugar
- 6 tbsp. flour
- ½ tsp. cinnamon
- · 6 tbsp. butter



cinnamon. Place in an 8" x 8" pan. In a separate bowl, combine the toppings. Sprinkle over the rhubarb mixture. Bake for 35 minutes or until rhubarb is tender and topping is golden.

NOTE: To make strawberry rhubarb crisp use 3 cups strawberries and 3 cups rhubarb. Increase the flour in the filling to 1/3 cup.





RECYCLING 2.0

By Larry Pick

Clarity in the recycling process can be elusive. With help from Kerri and Lori from the County and Circular Materials respectively we'll look at a snapshot of the overall process and zero in on a few particulars.

In 2022 the Province of Ontario recorded a Diversion Rate of 49.5%. The diversion rate is the proportion by weight of all material diverted from disposal (e.g., landfill or incineration) to the total of all waste material generated. The diversion rate is separate and different from a recycling rate. The recycling rate is the amount of material recycled. Due to contamination, not all diverted materials can be processed. The County of Peterborough has reported a Diversion rate for the same period of 54%. Way to go County Residents!

Fact: If you cut the zipper from the top of a plastic storage/ sandwich bag, the bag can be recycled. Please pack all recyclable bags into a larger bag for recycling.

Fact: Tim Horton's cups (and other beverage cups but not Styrofoam) are not a paper product. These items are recycled along with other containers – plastic, metal and glass.

Fact: Lids from plastic and glass containers should be placed back on the containers (after rinsing solid and liquid contaminates from the container) to ensure that the lids are recycled.

Fact: Large Styrofoam packaging material will end up in the dumpster if you take it to a transfer station. It cannot be put in blue box: no Styrofoam should be put in the blue box. Large Styrofoam material can be deposited at the Pido Road center. There are companies from within Ontario and other places who will take the material for recycling. No information was available on who or where. Also, no information on how much revenue/ cost is involved in recycling Styrofoam chunks.

In summary today, we seem to be doing a good job at recycling. There will always be some gray areas and we can all keep recycling top of mind when purchasing products and in our daily lives.

COUNCIL CORNER

By Donellda Fraser

Meeting held on March 5 and 19, 2024.

- Delegation from Eastern Ontario Regional Network, presenter Jason St. Pierre, Chief Executive Officer. Cell Gap Project
 is to close the digital cell gap in the eastern area of Peterborough County and Havelock Belmont Methuen Township.
 Moving forward to close the dead zone in certain areas. Sites in HBM Township being six, with sites in Cordova Lake,
 Covia Site, Methuen Lake to begin in March. The other three Jack Lake looking for sites, Fire Rd. 60, Hubble Road built
 but not in service yet, and Rockdale. Working diligently to closing the gap.
- Ray Haines gave an Incident Summary Report. Councillor Doherty requested that both the Chief and Deputy Chief's attendance be included in future reports. Motion made and carried.
- Josh Storey Requesting that \$10,000 be moved from reserve to operating capital to purchase indoor sports equipment. Lengthy discussion ensued and eventually motion was made and carried.
- Travis Toms, Chief Building Official addressed council about Animal Control By-Law and the entering into an Agreement with Peterborough Humane Society. A lengthy discussion ensued. Financial impact is \$6000.00 with a 1% increase yearly. Noting that they would only be called in for more complex situations. Council was in favour of this agreement.
- Bob Angione CAO/Clerk informed the council that Hearing Officer is to be appointed for the Administrative Penalty System. After several interviews the candidate M. Susan Guzzo is being recommended. Motion made and carried.



Lions Vision Screening: After 6 years, Lions Clubs are returning to our local schools to do vision and hearing screening. Vision develops over the first 5 years of life. It's important to prevent vision and possible blindness. 80% of what children learn comes from their eyes and vision. It is estimated that one in six children has a vision problem. Vision problems should be detected before they affect a child's performance in school. Vision problems need to be caught early to preserve the vision to maximize a child's potential. Children are checked for "Amblyogenic or Lazy eye" factors.

Hearing Screening is a 2 to 3 minute service to check each child's ear. No attempt will be made to check the health of the eyes. A vision screening does not replace a complete eye exam and it will not identify every child with an eye problem. Each vision screening team has its own success stories: Severe eye problems detected and now being treated. A brain tumor discovered as a result of the Vision Screening Program.

So please say "yes" when the permission form comes home so that we can make a difference even to just one child.



H-B-M HAPPENINGS



Township of Havelock-Belmont-Methuen
1 Ottawa Street E. P.O. Box 10, Havelock, ON K0L 1Z0 www.hbmtwp.ca • Email: havbelmet@hbmtwp.ca
Phone: 705-778-2308 Fax: 705-778-5248

Please note this was sent to publication as of March 20th, 2024

COUNCIL MEETING SCHEDULE:

Please note all meetings are held in person within the Council Chamber and via video conference. All meetings will begin at 9:30am unless otherwise advertised.

- Tuesday, April 2nd, 2024 Regular Council Meeting
- Tuesday, April 16th, 2024 Regular Council Meeting Meeting dates are subject to change, please visit the Township Website www.hbmtwp.ca for more information.

SPRING LEAF AND YARD COLLECTION:

Village of Havelock Leaf and Yard collection will take place:

- April 22nd to April 26th
- · May 6th to May 10th
- · May 20th to May 24th

Collection may occur any day from Monday to Friday, not necessarily on garbage or recycling day. All questions/concerns regarding Leaf and Yard Collection can be directed to Emterra Environmental at 1-888-597-1541. There are no limits and no tags required for leaf and yard materials. For more info visit www.ptbocounty.ca.

SPRING PITCH-IN WEEK:

Spring is here and it's time to clean up! Help us keep our community clean by participating in PITCH-IN WEEK, which runs from Monday, April 15th to Friday, April 19th leading up to Earth Day, which falls on Monday April 22nd, 2024, this year.

Want to volunteer or need more info? Contact Shari Gottschalk at ecdev@hbmtwp.ca or 705-778-2308, ext.123 or stop by the Township office at 1 Ottawa St E to register and pick up garbage bags, gloves and there are no fees for garbage collected. Registered volunteers who provide proof of collection, by using the yellow Pitch-in Week (see through) bags and for tagging the @TownshipofHavelockBelmontMethuen Facebook page and in your #Pitch-In2024 posts, will be entered into a draw for a \$50 Tim Hortons gift card.

HYDRANT FLUSHING NOTICE:

The Public Works department will be flushing hydrants, as part of our maintenance program. Here are the dates:

- · Monday, April 22nd to Friday, April 26th
- · Monday, April 29th to Friday, May 3rd

During this time residents may experience discoloured water. If this occurs, it would be advisable to refrain from doing laundry or using hot water until it clears. Your cooperation in this matter is greatly appreciated.

ELECTORAL WARD SURVEY:

Council is reviewing the electoral ward system within the Township and is seeking input from the community. To that end, a Ward System survey was inserted into your interim tax bill. We ask that you complete the survey, mail, or drop the survey off to the municipality office. Alternatively, you can complete an online Ward System survey online at www.hbmtwp.ca.

There are three (3) possible options regarding the composition of the electoral ward system within the township:

- 1. Leave the electoral ward system unchanged;
- 2. Redraw the boundaries of the two current wards to allow for an equal number of eligible voters in each ward, or;
- 3. Eliminate the ward system and elect all Members of Council atlarge whereby all eligible voters within the entire Township would be casting ballots for Mayor, Deputy Mayor, and three Councillors.

Please be sure to complete your survey to have your voice heard.

PUBLIC WORKS REQUEST FOR QUOTATION:

We are accepting sealed quotations, plainly marked as to contents, and directed to Peter Lauesen, Manager of Public Works. The submission deadline is 11:00 a.m., Wednesday April 17th, 2024, and is open for the following:

- RFQ # PW-2024-01, Granular Materials for Maintenance and Construction Season 2024
- RFQ # PW-2024-02, Hired Equipment for the Construction Season 2024

All quotations are to be submitted on forms available at Township office or website www.hbmtwp.ca, or by emailing lhutton@hbmtwp.ca. Lowest, or any quotation, are not necessarily accepted.

COMMUNITY CALENDAR OF EVENTS

A List of Local Events in Your Community

MONDAY

Community Care: Seated Yoga every Monday at noon (17 Smith Dr.).

Community Care: Blood Pressure Clinic April 1, 15 & 29, 9:30-10:30am.

(17 Smith Dr.).

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Seniors: Drop in for a Light Breakfast 8-10am donation only.

Havelock Seniors: Chair Yoga 11am-12pm. \$2.

TUESDAY

The Legion: Zumba exercises for seniors, 9:30-10:30am.

The Legion: Cardio & Weights 10:45-11:45am (bring your own weights).
Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Seniors: Drop in for a Light Breakfast 8-10am donation only.

Havelock Seniors: Regular Euchre from 7-9:30pm (bring a snack to share).

Havelock Centre: Laugh N Learn Playgroup every Tuesday, 9:30-11am.

Snacks & coffee provided. (30 George St).

Havelock Centre: Seniors Social April 9. Holly Leis will run a "natural garden

remedies" talk from 1-2:30pm.

WEDNESDAY

Community Care: Diners Club April 3 & 17. United Church.

Havelock Seniors: Diners April 10 & 24. Please call 705-957-7596 if possible

for seating. \$13.

Havelock Seniors: Drop in for a Light Breakfast 8-10am donation only.

The Legion: Line Dancing from 9:30-10:30am.

The Legion: Cardio & Weights from 10:45-11:30am (bring your own

weights).

The Legion: Body Balance from 11:40am to 12:15pm.

Havelock Town Hall: Weekday Jammers, doors open at 12pm.

Havelock Centre: TOPS (Take off pounds sensibly) 6:30-8pm

(George & Orange St.).

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Cordova Community Centre: Yoga every Wednesday, 5-6:30pm and

7-8:30pm. \$18. Please contact 705-760-1296 for more information.

THURSDAY

Havelock Seniors: Drop in for a Light Breakfast 8-10am donation only.

Havelock Seniors: Chair Yoga from 11am-12pm. \$2.

Havelock Seniors: Bid Euchre every Thursday 1pm (doors open at 12:30)

\$5.

THURSDAY CONT...

Community Care: Zoom Exercises please contact CC at www.zoom.us

or call the office.

Havelock Centre: Career Edge Hub 9am-12pm, free drop in employment

counselling & services.

Havelock Centre: Men's Night at 7pm (discussion group with snacks).

Havelock Centre: Evan Coghlan April 4, 6:30-8:30 (A seminar on Parenting in

the Digital Age).

FRIDAY

Havelock Seniors: Drop in for a Light Breakfast 8-10am donation only.

The Legion: Shuffleboard at 1pm and **Darts** at 7pm.

The Legion: Blind Draw Double Darts 7pm start, everyone welcome.

Cordova Community Centre: Yoga every Friday 10:30-11:30am.\$18. Please

contact 705-760-1296 for more information.

Havelock Centre: Open Mic Music Night 1st & 3rd Fridays at 6pm. Any

questions please call Rolf at 705-875-8018. (February 2nd & 16th).

Havelock Centre: Second Harvest Food Program 2nd & 4th Friday 10-11am.

SATURDAY

Havelock Seniors: Bid Euchre Tournament April 6, doors open at 11:30am

and food is available \$.

The Legion: opens at 1pm and **Meat Draw** at 3pm (8 Ottawa St.).

Havelock Centre: Spring Fling Market April 27, presented by Oak & Ivy

Designs from 10am-3pm.

Cordova Mines Rec Group: Spring Dinner April 27, 6pm \$20 per person.

Havelock Library: The Birds of Prey April 20, 2:30pm.

SUNDAY

Havelock Stone Hall Sessions Concert Series: 4th Sunday of every

month at 2pm (Highway 7 and 6th Line.).

Havelock Seniors: Bingo at 6:30pm, doors open at 5pm, light lunch available.

SUNDAY - CHURCH SERVICES

St. Johns Anglican Church 1st and 3rd Sunday Communion.

Havelock Fellowship Baptist Church 10:30am.

Havelock United Church 10am.

Our Lady of Mount Carmel Catholic Church Mass at 9am.

Cordova United Church 9:30am every Sunday.

Knox Presbyterian Church 11am-12pm.